

March Pool Schedule

Water Temp: Main Pool 83 degrees Therapy Pool 95 degrees Phone: 883-4567 (#) = Lane Availability							
Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00	6-8 Lap Swim (6) Open Swim (2) Therapy Pool Open	6-8 Lap Swim (6) Open Swim (2) Therapy Pool Open	6-8 Lap Swim (6) Open Swim (2) Therapy Pool Open	6-8 Lap Swim (6) Open Swim (2) Therapy Pool Open	6-8 Lap Swim (6) Open Swim (2) Therapy Pool Open	CLOSED	CLOSED
7:00						CLOSED	CLOSED
8:00	8-9 Lap Swim (4) Aqua Aerobics (4) Therapy Pool Open	8-9 Lap Swim (4) Open Swim (4) Therapy Pool Open	8-9 Lap Swim (4) Aqua Aerobics (4) Therapy Pool Open	8-9 Lap Swim (4) Open Swim (4) Therapy Pool Open	8-9 Lap Swim (4) Aqua Aerobics (4) Therapy Pool Open	CLOSED	CLOSED
9:00	9-10 Lap Swim (4) Open Swim (4) AquaTherapy	9-10 Lap Swim (4) Open Swim (4) Mens Aqua Therapy	9-10 Lap Swim (4) Open Swim (4) AquaTherapy	9-10 Lap Swim (4) Open Swim (4) Mens Aqua Therapy	9-10 Lap Swim (4) Open Swim (4) Therapy Pool Open	CLOSED	CLOSED
10:00	10-11 Lap Swim (4) Aqua Fit (4) Therapy Pool Open	10-11 Lap Swim (4) Open Swim (4) Womens Aqua Therapy	10-11 Lap Swim (4) Aqua Fit (4) Therapy Pool Open	10-11 Lap Swim (4) Open Swim (4) Womens Aqua Therapy	10-11 Lap Swim (4) Open Swim (4) Therapy Pool Open	10a-5p Lap Swim (4) Open Swim (4) Therapy Pool Open	CLOSED
11:00	11-12 Lap Swim (4) Open Swim (4) Therapy Pool Open	11-12 Lap Swim (4) Aqua Fit (4) Aqua Therapy	11-12 Lap Swim (4) Open Swim (4) Therapy Pool Open	11-12 Lap Swim (4) Aqua Fit (4) Aqua Therapy	11-12 Lap Swim (4) Open Swim (4) Therapy Pool Open		CLOSED
12:00	12-1 Lap Swim (4) Open Swim (4) Therapy Pool Open	12-1 Lap Swim (4) Open Swim (4) Therapy Pool Open	12-1 Lap Swim (4) Open Swim (4) Therapy Pool Open	12-1 Lap Swim (4) Open Swim (4) Therapy Pool Open	12-1 Lap Swim (4) Open Swim (4) Therapy Pool Open		CLOSED
1:00	1-2 Lap Swim (4) Open Swim (4) Therapy Pool Closed	1-2 Lap Swim (4) Open Swim (4) Therapy Pool Open	1-2 Lap Swim (4) Open Swim (4) Therapy Pool Closed	1-2 Lap Swim (4) Open Swim (4) Therapy Pool Open	1-2 Lap Swim (4) Open Swim (4) Therapy Pool Open		CLOSED
2:00	2-3 Lap Swim (4) Open Swim (4) Therapy Pool Open	2-3 Lap Swim (4) Open Swim (4) Therapy Pool Open	2-3 Lap Swim (4) Open Swim (4) Therapy Pool Open	2-3 Lap Swim (4) Open Swim (4) Therapy Pool Open	Closed		CLOSED
3:00	3-4 Lap Swim (4) Open Swim (4) Therapy Pool Open	3-4 Lap Swim (4) Open Swim (4) Therapy Pool Open	3-4 Lap Swim (4) Open Swim (4) Therapy Pool Open	3-4 Lap Swim (4) Open Swim (4) Therapy Pool Open	Closed	CLOSED	
4:00	4-5 Swim Team (4) Lap Swim (2) Open Swim (2) Therapy Pool Open	4-5 Swim Team (4) Lap Swim (2) Open Swim (2) Aqua Therapy 3:30-4:30pm	4-5 Swim Team (4) Lap Swim (2) Open Swim (2) Therapy Pool Open	4-5 Swim Team (4) Lap Swim (2) Open Swim (2) Aqua Therapy 3:30pm-4:30pm	4-5 Swim Team (8) Closed to Public	CLOSED	
5:00	5-6 Swim Team (4) Lap Swim (2) Open Swim (2) Therapy Pool Open	5-6 Swim Team (4) Lap Swim (2) Open Swim (2) Aqua Therapy 4:30pm-5:30pm	5-6 Swim Team (4) Lap Swim (2) Open Swim (2) Therapy Pool Open	5-6 Swim Team (4) Lap Swim (2) Open Swim (2) Aqua Therapy 4:30pm-5:30pm	5-6 Swim Team (8) Closed to Public	CLOSED	
6:00	6-7 Lap Swim (2) Open Swim (2) Therapy Pool Closed	6-7 Lap Swim (2) Open Swim (2) Therapy Pool Open Swim Lessons	6-7 Lap Swim (2) Open Swim (2) Therapy Pool Closed	6-7 Lap Swim (2) Open Swim (2) Aqua Fit 5:30-6:30 Therapy Pool Open Swim Lessons	Closed	CLOSED	CLOSED

***During lap swim, lap lane(s) may be used for private/group swim lessons.**

Shower Policy will be enforced-take a Cleansing Shower before entering the pools.

OPEN SWIM HOURS

Mon-Thurs 12 pm-4 pm

Fri 6 am-2 pm

Sat 10 am- 5 pm

Sun Closed



LAP SWIM Etiquette

Lap Swim is for swimmers 14 & older. Please abide by the lap swim etiquette sign. When crowded, swim a circle pattern in the CORRECT speed designated lane.

Private/Group Swim Lessons may occur during lap swim times.

Private Swim Lessons

Private lessons are perfect for individuals looking to learn to swim or improve their technique.

We provide lessons for all ages and abilities.

Single Private (1 student), Semi Private (2 students MAX),

Lessons are \$1 a minute. Most are 30 minutes.

Fill out a Private Lesson Info/Waiver form if you are interested (available @ the front desk).

LAP SWIM HOURS:

See front grid for lap swim times.

Look for our next session of swim lessons starting in May!!

Don't forget to check out our dry land programming!

