

## Notice of Privacy Practices:

Dr. Judith Heckenlaible-Habig is a Licensed Professional Counselor and Substance Abuse Counselor in the State of Arizona. She has a Master of Science in Professional Counseling degree and a Master of Science in Addiction Counseling degree from Grand Canyon University as well as a Doctorate in The Philosophy of Clinical Christian Counseling from Cornerstone University. Dr. Judith received her internship at the renowned The Meadows Recovery Center. She is licensed in EMDR and Trauma Response and a Psychology Today Verified Counselor and a member of the Focus on the Family's Christian Counselors Network. Dr. Judith approaches counseling from an integrative theological orientation working collaboratively with clients to determine treatment goals and plans. Dr. Judith practices in her private office and HIPAA compliant Tele-Health sessions.

**Fees:** The Intake Assessments (90 minutes) for Individuals is \$175 and for couples \$195. Regular session (60 minutes) fee is \$95 and \$125 for couples or sessions with more than one individual. Please note that a \$50 fee will be charged for no-shows or cancelations made less than 24 hours before a scheduled session.

**Guarantee:** There is no guarantee in therapy. You may experience more emotional pain while working on deep issues. The therapeutic work is intended to increase insight and quality of life. All issues are met with the utmost care, respect, and honesty.

**Confidentiality:** There is a privileged confidentiality between Therapist and Client by law (HIPAA). Dr. Judith maintains confidentiality between married couples unless that information is given when both husband and wife are present together. There are certain situations in which as a therapist I am required by ethical standards to reveal information obtained during therapy to persons or agencies even if you do not give permission. These situations are as follows: (a) If you threaten grave bodily harm or death to yourself or another person, I am required by ethical standards to inform the intended victim and/or appropriate law enforcement agencies; (b) if you report to me your knowledge of physical or sexual abuse of a minor child or of an elder (over 65) or any sexual conduct/contact with a minor, I am required by law to inform the appropriate child welfare or social agency which may then investigate the matter; (c) if I am required by a court of law (court order) to turn over records to the court or if I am ordered to testify regarding records.

Any other uses and disclosures will be made only with your written authorization. You will be provided with an authorization form upon request. A separate form will be needed for each request for release of information. The authorization for release of records is valid until it expires or is revoked. You may revoke authorization in writing. I am required to honor and abide by that written request, except to the extent that we have already taken actions relying on your authorization.

**Social Media:** There is growing concern regarding confidentiality due to information consciously or unconsciously revealed on social media. This office will not use social technology to investigate or gain knowledge of any client. Dr. Judith does have social media accounts but only publishes general information about upcoming events or general encouragement. Dr. Judith maintains a public presence. To protect your confidentiality, Dr.

Judith cannot initiate public contact with you however if you wish to greet Dr. Judith in public, you may initiate the contact and Dr. Judith will happily recognize you. Finally, this office regularly sends reminders or messages by text or email.

**Termination:** You have the right to terminate therapy at any time. It is recommended that there be at least 6 sessions prior to terminate for closure. We may terminate you if payment is not made or you refuse to follow therapeutic recommendations such as remaining sober, filling prescriptions, making progress etc.