

Tamarak LLC: Hayden & Coburg ELC

Diapering, Cloth Diapering, & Stand-Up Diapering Policy & Procedure

Inadequate or improper diapering practices are the activities in a day care facility most likely to result in the spread of a communicable disease, such as hepatitis A or Norovirus. It is essential to follow procedures that minimize the possibility of contaminating the environment, the caregiver, and the child.

A child's diaper/pull-up, or underwear must be changed promptly when soiled. Staff must be checking diapers/pull-ups at a minimum of every 2 hours, or more frequently to meet the individual child's needs. Diapers/pull-ups, or underwear must be changed when a child exhibits behavior that suggests that they are wet or soiled.

Diapering Areas:

The area used for diapering must be separate from all food preparation and serving activities. Each classroom has a designated diapering area that keeps the child's diapering essentials: diapers, wipes, creams, plastic bags for dirty clothes, extra clothes, gloves, hand-washing sink, disinfectant, and diaper pail.

Disinfectant is made daily and hung next to the diaper changing table, high enough on the wall that children cannot reach. Clean cloth rags are available for cleaning and disinfecting the changing area, and a dirty rag receptacle is available for dirty rags. The changing table will be disinfected between each use. Each classroom has a designated hand washing sink located near the changing table that is supplied with soap, paper towels, and a covered garbage can for contaminated paper products. The changing areas are equipped with a diaper pail and must be emptied daily or when full and washed with soapy water and sprayed with disinfectant each time its emptied.

A child will never be left unattended on a changing table. The teacher will gather all supplies needed prior to changing the child. The teacher is required to always have one hand on the child while changing him/her. The interaction between the child and adult will be a positive and conversational time for bonding. Children are not allowed to play with toys/books/teethers or have food while at the changing table.

Soiled clothes will be placed in a plastic bag, labeled with the child's name, and placed in the take home area on a hook for parents to grab at departure.

Diapering Procedure:

1. Prepare: Gather all needed supplies
 - a. Diapers, wipes, and cream
 - b. Change of clothes (if needed)
2. Put on provided protective gloves (if used)
3. Change diaper
 - a. Place child on clean and sanitized diapering surface and unfasten diaper.
 - b. Clean the child's diaper area with disposable wipes. Always wipe front to back.
 - c. Keep soiled diaper/clothing away from any surfaces that cannot be easily cleaned. Securely bag soiled clothing, and cloth diaper (if using, see cloth diaper procedure below)
4. Place used wipes into soiled diaper, wrap diaper up into ball and place into diaper pail located next to changing area.
5. To remove gloves (if used): Using pointer finger, place finger under glove at the wrist and pull off hand so that the glove will be inside out and place it in the palm of opposite hand. Using glove free hand, use pointer finger, place under glove at the wrist and pull off your hand so that the glove will come off inside out and trap the other glove inside. Place in diaper pail with lid.
6. Replace Diaper
 - a. Slide a fresh diaper under the child

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- b. Apply diaper cream
 - c. Fasten the diaper and dress the child
7. Wash the child's hands with soap and warm water and return child to supervised play area
8. Clean Up
 - a. Wet entire area with disinfectant
 - b. Place clean wash cloth on diapering surface and leave disinfectant to sit for at least 2 minutes
 - c. After 2 minutes, wipe diapering surface until completely dry
9. Wash your hands thoroughly with soap and warm water

Cloth Diapers:

The cloth diaper changing procedure is the same as the single use diaper changing procedure, except as follows:

1. After a diaper change, the cloth diaper and waterproof cover shall be simultaneously removed as a unit and placed directly into a leak-proof container. The container shall be labeled with the child's name and maintained inaccessible to children. The contents shall be sent home daily.
2. Cloth diapers shall not be rinsed, or contents disposed of at the childcare facility.
3. The diapers shall be of a front closure design with an absorbent inner liner and waterproof outer covering.
4. Do not reuse a cloth diaper or its waterproof cover until it's been sent home and cleaned and sanitized.
5. The diaper must be able to contain urine and stool to minimize contamination.

Changing a child standing up (Diapers/Pull-ups):

1. Prepare the Area:
 - a. Ensure you have all the necessary diaper-changing supplies within reach.
 - b. Choose a safe and stable surface for the standing diaper change.
 - c. Put on gloves (if needed)
2. Remove the Soiled Diaper:
 - a. Unfasten the soiled diaper but leave it under the child for the moment.
3. Clean and Wipe:
 - a. Use wipes to clean the diaper area.
 - b. Lift one leg at a time to clean thoroughly.
4. Apply Cream (if needed):
5. Put on a Fresh Diaper/pull-up:
 - a. Open the new diaper and position it under the child or slide the pull-up on
 - b. Secure the diaper in place, making sure it fits snugly but not too tight.
6. Dress the Child:
 - a. If the child is not already dressed, help them put on clean clothes.
7. Dispose of the Soiled Diaper:
 - a. Properly dispose of the soiled diaper in a diaper pail or trash bin.
8. Wash Hands:
 - a. Wash the child's hands and your hands with warm soapy water.