

# Hayden Infant Schedule

Young infants follow their own eating and sleeping routine, so this schedule is subject to change.

7:00 - 8:30	Arrival & Free Exploration	Students and families are greeted as they arrive. Parents help children put their belongings away and sign into class. Students decide where they want to go, who they want to play with, and what they want to play. Our centers are art, blocks, science, library, pretend play, fine motor.
8:30 - 9:00	Breakfast	Students and teachers eat together as a family and learn healthy eating habits. Snack provides many opportunities to explore math concepts, fine motor skills and language development.
9:00	Diaper Changes	
9:15 - 9:30	Morning Naps	Teacher will start morning naps with the younger students. During this time, the older students will engage in free exploration.
10:00 - 10:30	Circle Time	Students will engage in stories, colors, shapes, music & movement using song, rhymes, and fingerplays.
10:45 - 11:15	Outdoors	Various gross motor activities are set up around the playground to practice and develop various gross motor skills.
11:15	Diaper Changes	
11:30 - 12:00	Lunch	Students and teachers eat together as a family and learn healthy eating habits. Lunch provides many opportunities to explore math concepts, fine motor skills and language development. When the older children are finished eating, they brush their teeth.
12:00 - 2:30	Nap	Teacher will rub older students backs until they have fallen asleep. Then the Teacher will put younger students to sleep and place them in their cribs.
2:30	Diaper Changes	
2:30 - 3:00	Free Exploration	Students decide where they want to go, who they want to play with, and what they want to play. Our centers are art, blocks, science, library, pretend play, fine motor. New theme activities are added bi-weekly to keep children engaged.
3:00 - 3:30	Snack	Students and teachers eat together as a family and learn healthy eating habits. Snack provides many opportunities to explore math concepts, fine motor skills and language development.
3:30 - 4:00	Small Group Time	Art Projects/Sensory Play: children will explore a variety of art mediums and/or sensory items.
4:00	Diaper Changes	
4:30 - 5:30	Free Exploration & Departures	Students decide where they want to go, who they want to play with, and what they want to play. Teachers inform parents about their child's day, check their cubby for take home items and belongings, sign out, and say good-bye