



<https://nicolesweeney.org/>

Nicole N. Sweeney

EMPOWERMENT SPEAKER
& AUTHOR

MEDIA KIT

Hi. I'm Nicole!

MOTIVATIONAL SPEAKER & AUTHOR

Nicole N. Sweeney is a motivational speaker, author, educator, and writing coach. She is a New Jersey native and two-time college graduate. She enjoys reading, writing, jumping double-dutch, and most of all dancing.

Birthing her first fiction novel in 2020, Nicole finally found her voice. Muzzled by relationship trauma, betrayal, and shame, Nicole took a bold step to tell her story and the story of so many other women. In her drama-suspense fiction novels entitled, *Life After Hurt: A Sister's Tale*, Nicole tells the story of Journee Black and her discovery of her boyfriend and sister dating. Her story is a transformative journey that will resonate with anyone who has faced the bitter taste of lost love and betrayal.

Nicole has spoken in educational settings, religious institutions, and at conferences. She is a trusted voice for today's generation of women, young adults, and youth.



3K+

Social media followers



7.5K+

Social media page views



1.6K+

Podcast downloads



SPEAKING TOPICS

✓ How to overcome traumatic relationship break-ups with confidence and boldness



✓ How to develop and maintain healthy boundaries that leads to self-love and a fulfilling life

✓ How to identify and heal from narcissistic relationships



Client Testimonials



This book serves as a beacon of hope, urging readers to embrace the power of forgiveness. Nicole demonstrates that forgiveness is not about condoning the actions that caused the hurt, but rather reclaiming one's inner peace and surrendering to God's plan for your next chapter.

**-Rev. Janelle Y Greene Smith,
JD, M.Div.**

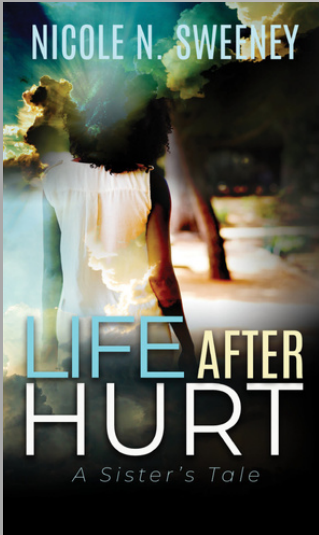


Nicole Sweeney provides readers with an action-packed, drama-filled story in her book, Life After Hurt. The first three chapters kept me eagerly awaiting to read the next sentence to see what Journee Black's next move will be.

-Kyla T. Slaughter

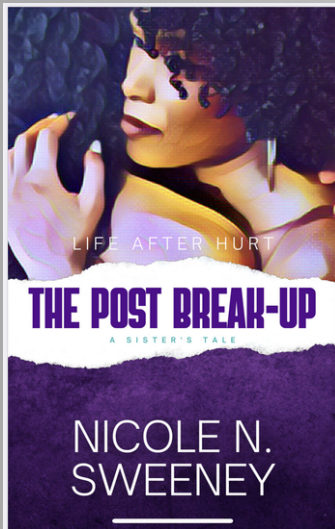
Life After Hurt

3-PART BOOK SERIES



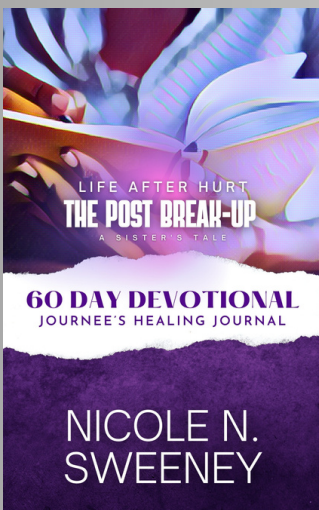
The tale of Journee Black, Life After Hurt's main character, is one of betrayal, hurt, courage and victory.

Although she must make difficult life decisions, Journee decides to choose healing over hurt after discovering her boyfriend and sister's relationship.



The Post Break-Up has a pivotal turning point that occurs. This explosive altercation involved Journee, her ex-partner, Khase, and her sister, Gracie, which lands Journee behind bars.

Join Journee, a resilient woman whose life takes an unexpected turn after a heart-wrenching break-up. Journee begins to navigate through the darkest chapters of her existence, emerging triumphant against all odds.



Nicole N. Sweeney delicately weaves together a tapestry of vulnerability, resilience, and spiritual guidance, inviting readers to embark on a soul-stirring expedition towards healing.

Journee's Healing Journal is an intimate companion that understands the depths of pain and the quest for redemption.



Purchase Sites:

Amazon

<https://nicolesweeney.org/books/ols/products>

The Podcast



@LIFEAFTERHURT_

The Life After Hurt podcast tells the riveting story of Journee and her interaction with Gracie and Khase before Journee is sent to jail. Each chapter keeps you on edge wondering what Journee's next move will be.



MOST DOWNLOADED EPISODES

S1 Ep1: Skate Night
Spotify & YouTube

S1 Ep46: Journee Released From Jail
Spotify & YouTube

S1 Ep53: A Time I Wanted To Give Up But Didn't!
Spotify & YouTube

S1 Ep57: 3 Steps I Took To Begin My Healing Journey
Spotify & YouTube

STATISTICS

1.6k+

total podcast downloads

2.9k+

average monthly

MY AUDIENCE

66%

women

51%

35-44 yrs old

76%

USA

COUNTRIES/TERRITORIES

United States | Germany | France | Indonesia
Myanmar | Brazil | United Kingdom | South
Africa | India | Denmark | United Arab Emirates |
Netherlands | Chile and MORE



WHO I WORK WITH

Nicole's lifelong goal is to empower women, youth, and young adults through the avenues of faith, mental wellness, and self-development, which she aims to do through her Life After Hurt business, brand, and book collection.

WHAT YOU CAN EXPECT

Working with Nicole, you and your audience can expect to be empowered, affirmed, and transformed.



NicoleNSweeney@gmail.com

<https://nicolesweeney.org/>



GET IN TOUCH

If you are interested in Nicole empowering your group of young women, young adults or youth, you can visit her website or email her directly.

I look forward to empowering you!

-Life After Hurt

Nicole