

HOW TO PREPARE FOR YOUR LASH EXTENSION APPOINTMENT

Do:

Shower prior to your appointment.

Eliminating any unnecessary contact with water or steam within the first 48 hours will insure that the bond between the semi permanent lashes and your natural lashes has enough time to properly set.

Wear comfortable clothing.

You will lay down for 60 to 90 minutes with dimmed lights and soft music as your backdrop during your eyelash application, comfortable clothes will allow you to make the most of this time to relax and be pampered.

Remove your contacts.

Your eyes will be closed during the application of your eyelash extensions, to avoid any discomfort, it is always suggested that contacts are removed allowing eyes to be comfortable in a natural and rested state.

Bring something to relax.

Your first full set can take anywhere from 2–3 hours. If you're not one to doze off into a lash nap, we recommend bringing headphones to listen to your favorite music, podcast or audiobook while your stylist works their lash magic. **Please turn off your cell phone just prior to your appointment or put your phone on Do Not Disturb.** This is truly a time to sit back and relax. ringing cell phones will only interrupt your treatment. Enjoy the "me" time, and let your lash transformation begin!

Don't:

Don't drink coffee.

Sorry, but you'll have to skip your morning cup of joe prior to your appointment. Caffeine can make it difficult to keep still during your appointment—no one wants a fluttery eye during a lash service!

Don't wear makeup.

It's important you arrive to your appointment with a clean face. This also means no lash curling beforehand. Be sure to remove all eye makeup and avoid applying creams or oils on and around your eye area. This lets me quickly prep your lashes for your service. Makeup products worn close to the eye will need to be removed

prior to the lash application process. coming to your appointment with a clean face will save time and eliminate the need for you lash stylist to remove your eye makeup.

Don't apply face creams or sunblock to the eye area.

The oils within many moisturizers and sunblock can prevent the eyelash glue from properly adhering to your natural lashes, dramatically reducing the longevity of your eyelash extensions.

Don't wear mascara.

Lashes must be fresh and clean in order to be properly prepped to receive eyelash extension, **no mascara.**

Don't curl your lashes on the day of your lash application.

We need your eyelashes to be in the most natural and healthy state they can prior to your lash extension application. Please do not curl your eyelashes, or use any other manipulation on them the day of your appointment.

Fills-

If you wish to maintain your lashes, usually between 2-4 weeks, you will require infills. Timing depends on factors such as:

- Generally, the more lashes we apply, the longer they last (more to lose)
- How you treat them
- Your lash cycle and how fast you are shedding/growing lashes
- Your skin type (oilier complexions usually shed lashes faster)

We will fill up to around 4-5 weeks, as long as at least 1/3 of the lashes have been retained well. Please let us know in advance if you think you will need more time than usual

Before you come for your next fill-

It's wise to book in advance – particularly for evening and weekend bookings – these times are most popular and can book out months in advance. If you would like to see a specific technician only, please let us know so we can ensure this!

Let us know if you would like anything changed, for example if you would like to upgrade to a thicker set, or try volume instead of classic. As we do need more time for different types of lashes

Avoid coming in with heavy makeup that you will need to wash off that evening (as you will need to keep them dry)

Make sure you aren't wearing any eye makeup, that your eyes are perfectly clean. Unclean lids and lashes (particularly things we can't see like lash mites – they thrive when lashes are never cleaned!) will prevent extensions from bonding well, and they may not last long.

Please don't bring small children. (under the age of 10 or any child not able to sit quietly for a long period of time) As much as we love kids, the lash space is not the place for them. We want to ensure a relaxing, safe and distraction-free experience for everyone.