

Lash Extension Aftercare Is So Important

One of the best parts of having eyelash extensions is gazing at your full, fluffy lash line in the mirror after your appointment. What's the secret to keeping your lashes looking great? **Fully committing to an aftercare routine!** Proper aftercare plays a vital role in the retention of your lash extensions and the overall health of your lashes. You are protecting your investment, both lashes and body!

Lash Extension Care Begins Immediately After Your Appointment

When it comes to caring for lash extensions, it's important to know that the eyelash extension adhesive can take up to 24-48 hours to fully cure. This means that within that window, you should avoid anything that will get your lashes wet. This means no saunas, tanning, workouts, swimming or long, steamy showers. So, save the beach for the day after your appointment!

If you don't keep your lashes clean, makeup, oil and debris will accumulate along your lash line. This buildup breaks down the adhesive bond that attaches your lash extensions to your natural lashes. That means poor retention, aka: your extensions will fall off faster than your natural lash shedding cycle and your lash line will have gaps. Lack of proper cleaning can also cause blepharitis (eyelid inflammation), so it's so important to stay on top of our easy-breezy lash extension aftercare routine.

Your lash health depends on it. If you regularly neglect your lash extension it can compromise your lash health and slow down the growth of new lashes. Your eyelids can become itchy from the buildup of dead skin if they are not cleaned regularly.

They will look better for longer. Eyelash extensions that have been coated in mascara, oily makeup and strip lashes don't look that great.

Finally, cost and financial/time factors. If you look after your lashes and retain them well, you won't need to come in as frequently or for extended fill appointments, which will save you money. Our fills are charged based on the amount of lashes that we have to replace each time.

How to Take Care of Your Eyelash Extensions

Step 1: Prep

Every night, wipe away your makeup with an oil- and alcohol-free formula eye makeup remover. Using lint-free wipes, gently wipe along the bottom and top lid lines, extending outward to the brows.

Step 2: Cleanse

Time for a lash bath! Daily, apply one or two pumps of extension safe cleanser onto the back of your hand. With your eyes closed, use our eyelash cleansing brush to gently sweep the cleanser along your lash line and down, from the base of your eyelashes to the tips, for approximately 1 minute. After you've had your lash bath, gently rinse your eye area with cool water until the area is product free and squeaky clean. Dry by gently patting the skin with a lint-free wipe or allow time to air dry.

Step 3: Protect

Apply a lash sealer along the base of your lashes, both under and on top of the lash line. This will ensure your lashes stay protected from daily dirt and debris, giving you better retention. Just be sure to wait 24 hours after your lash extension service to apply. This step can be repeated 3 times a week for maximum protection.

Step 4: Groom

When you wake up, after a shower and any time your lashes could use a little fluff, use a lash wand to gently comb through your lashes. If you see a few lashes fall out after brushing, don't worry! This is all part of your natural lash shedding process. **Slay Tip:** Buy a second lash wand to keep in your car or purse to groom on the go!

Try not to touch them much, particularly during the first few hours. The more you touch them, the more oils from your fingers get on them, the more strain on the lash root etc.

Keep them as dry as possible for at least 24-48 hours. This means, it's ideal if you don't wash your hair during this time. However, if you need to, use only lukewarm water, and keep water off your eyes. **This also includes avoiding steamy environments, very hot showers, spas, saunas etc. for 24 hours as a minimum. If it's a very hot and humid day, try to stay out of the heat.** All of this will allow the adhesive to cure as strongly as possible.

After the 24 hour mark, they are technically waterproof, however, if you are swimming or sitting in a hot spa daily, they probably won't last quite as long as if you didn't, more from rubbing them when water gets in your eyes.

If your skin is very oily, try to control this as much as possible with blotting papers, mattifying lotions etc. and by using oil-control moisturizer.

Make sure you are using oil-free products on your face, particularly eye makeup removers and cleansers.

Clean them properly, at least a few times a week with a foaming lash cleanser. Baby shampoo (not the conditioning type) in very small amounts is ok too.

Let us know before your fill if you think you will need more time because you have lost more lashes than expected, or want to upgrade to a thicker set or more lashes.

DON'T

- Do not play with or pick at your lashes, rub your eyes roughly. If you are a picker, it can really damage your natural lashes
- Do not use oily products on your eyes or face
- Do not use waterproof or oil based mascara or eyeliner (felt tip/pen-style liquid liner is usually fine)
- Do not use any mascara if you can help it
- Do not use baby wipes/makeup wipes/cotton pads to wipe makeup off them
- Do not try to remove them yourself – as it may damage your natural lashes. We can remove them for you if you wish
- Do not use cleansing oils, coconut oil etc. on your face if you want the lashes to last

- Do not put strip lashes on top of them unless you are prepared to lose a few of your own lashes when you try to take them off.
- Do not try to singe your lashes on the grill or any other hot flames! (good life advice generally)

What is normal?

Immediately after the lash application, some individuals with sensitivities can experience minor redness and dry eyes. We try to minimize this where possible, so we will ask if you are sensitive beforehand. In most cases, this disappears within an hour or so and there's no need to worry. Of course, call us if you are concerned.

It's normal to lose a couple of lashes every day (1-5). Don't be alarmed if you notice them from time to time (as they are much larger than your natural lashes). The extension falls out attached to the natural lash when it is ready to come out, and a new baby lash takes its place. Some days you won't lose any, other days you might lose 3 or 4. It's completely normal and does not mean your eyelashes are all going to fall out!

Some lash growth cycles are faster than others. You may find every few months, your lashes shed faster than other times. It usually means that you have a lot of new growth, and when you come in we will see a lot more lashes we can lash! Other times they might still look great at 4 or 5 weeks, as they have not shed much.

No two sets of lashes are identical. We customize the styling, sizes, weights and curls to every individual's eye shape, natural lash condition and tastes. Each style looks different depending on your own eye shape. So please be aware that your lashes will not look identical to your friends, even if you request the same thing.

Expect between 2 – 4 weeks before you need an infill. On average, our clients come back every 3 weeks. Sets consisting of more lashes (glam and volume) will usually last longer than those will less (full, lite). Shorter lashes usually last longer too.

What is not normal?

If you experience intense itching and or red/swollen eyelids in the first few days after the application. This could be an allergic reaction. Unfortunately,

these are largely unavoidable – but luckily they are rare, and can be treated. Please contact us if you are worried.

Excessive shedding of extensions off the natural lashes in the first few days. This is uncommon – but please contact us if you feel they are shedding rapidly within the first 3 days of application so we can troubleshoot and/or assess your lashes.

If (after wearing extensions for a while) you find your eyes sometimes feel gritty and sandy – this can mean that you really need to clean your lashes more frequently/properly. Your technician can assess your lash line and give advice on the best way to clean your lashes.

Fills

If you wish to maintain your lashes, usually between 2-4 weeks, you will require infills. Timing depends on factors such as:

- Generally, the more lashes we apply, the longer they last (more to lose)
- How you treat them
- Your lash cycle and how fast you are shedding/growing lashes
- Your skin type (oilier complexions usually shed lashes faster)

We will fill up to around 4-5 weeks, as long as at least 1/3 of the lashes have been retained well. Please let us know in advance if you think you will need more time than usual

Before you come for your next fill

It's wise to book in advance – particularly for evening and weekend bookings – these times are most popular and can book out months in advance. If you would like to see a specific technician only, please let us know so we can ensure this!

Let us know if you would like anything changed, for example if you would like to upgrade to a thicker set, or try volume instead of classic. As we do need more time for different types of lashes

Avoid coming in with heavy makeup that you will need to wash off that evening (as you will need to keep them dry)

Make sure you aren't wearing any eye makeup, that your eyes are perfectly clean. Unclean lids and lashes (particularly things we can't see like lash mites

– they thrive when lashes are never cleaned!) will prevent extensions from bonding well, and they may not last long.

Please don't bring small children (under the age of 10 or any child not able to sit quietly for a long period of time) As much as we love kids, the lash space is not the place for them. We want to ensure a relaxing, safe and distraction-free experience for everyone.