

<u>ITEM:</u>	<u>REQUIRED /RECOMMENDED</u>	<u>QTY:</u>	<u>PROVIDED BY:</u>	<u>COMMENTS:</u>
Game jersey	Required	1	PYTF	This is only to be worn during games, not at practices.
Practice jersey	Recommended	Minimum 1	You	It's recommended you have at least 1 practice jersey, if not more. Practice jerseys can be any color. If you choose not to have practice jerseys, they'll need oversized shirts that fit over the shoulder pads.
Pants	Required	Minimum 1	PYTF (and you)	PYTF supplies 1 pair of black integrated football pants. It's highly recommended your athlete has more than 1 pair of pants as they'll need them for practice and games. Number of pants is personal/family preference.
Helmet	Required	1	PYTF	PYTF Helmet is to be worn during all practices/games.
Cleats	Required	1	You	Cleats will be required during all practices/games.
Mouth Guards	Required	Minimum 2	You	Mouth guards are required for all practices and games. Having a minimum of 2 to start the season is always suggested, in case one gets lost. Your athlete may go through more than 2 a season.
Under shirts	Required	Minimum 1	You	While there is no exact requirement on the undershirt, athletes are required to wear one under their shoulder pads. Some athletes prefer a wicking/dry fit material, some wear a basic t-shirt. Some prefer long sleeves on chilly days. They also make the undershirts with the padding – this is athlete/parent preference, but is not required. The under shirt should be snugger fitting to be comfortable under the shoulder pads and snug fit game jerseys. Some coaches prefer game undershirts to be uniform coordinating (white/black/purple) to look nice during games.
Socks	n/a	Minimum 1	You	All athletes have their personal preference on sock style to wear –some like ankle or crew length if they have low top cleats, whereas others prefer over-the-calf. There is no requirement by PYTF on socks to be worn, some coaches prefer sock color to be uniform coordinating (white/black/purple).
Water Bottle	Required	Minimum 1	You	Athlete's should come to every practice and game with water. Suggested style is squeeze top to squeeze into mouth through face mask on helmet. Bottles should be labeled with athlete's name.