

# Lydia Pigott

Dance Artist

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## Dance Training

BFA in Dance from NYU Tisch, training in ballet, modern, acting, hip hop, theater, and jazz styles. Choreographed and performed with Second Avenue Dance Company, including dancing in works by Laja Martin, and Limon repertory. Other dance programs include Bolshoi Ballet Academy, Diavolo Dance Theater, Gallim, and HAMU Prague.

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## Experience

### Director of Dance, Camp Laurel

Summer 2025, Maine

Lead and manage the dance program at a premier co-ed summer camp for ages 7–15, overseeing curriculum development and daily instruction in multiple styles including jazz, contemporary, hip hop, and ballet. Supervised and mentored a team of dance counselors and instructors, ensuring fun, educational classes and safe practices.

### Performing Arts Curator, How Do We Play

2025, NYC

Managed and curated 30+ artistic performances and pieces, including visual art, improv, dance, and live band. Oversaw from creation process & venue load-in through final shows.

### Choreographer, Dance Nation

2024, NYC OFF BROADWAY

Created 7 original choreography pieces for 8 actors. Supervised rehearsals bi-weekly over 8 weeks, premiered off-Broadway in spring 2024.

### President, Delta Gamma

2024 - NYC

Directed all chapter operations, including supervising eight peer officers, 30 peer directors and budgets in excess of 70k dollars. Served as the liaison between a chapter of 140 members, campus officials, Delta Gamma national staff and NYC community. Spoke on behalf of the chapter at meetings, award ceremonies, and events both internal and external. Acted as point person for all crisis communications and media relations.

### Dance Teacher

2018 - PRESENT; DALLAS

Taught and substituted ballet, jazz, contemporary and tap for ages 2-adult at studios across Dallas. Experience choreographing at age-appropriate levels and coaching pre-professional dancers.

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## Education

### NYU Tisch / Dance and Psychology (Double Major)

May 2025

3.8 GPA, University Honors Scholar. Minor in Child Psychology. Attended NYU overseas academic programs in Prague, Madrid, and Havana.

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## Other

Red Cross certified in pediatric and adult First Aid/ CPR/ AED. Trained in flying trapeze and lyra at New England Center for Circus Arts & Ecole de Cirque de Québec. Volunteer referee with NY Goalball. Conversational Spanish.

