



Taekwondo is an official Olympic sport!



Join Prumir Taekwondo today to unlock your potential and kickstart your journey!



## Prumir Taekwondo Class Schedule

Day	Group	Session	Time	Level
Mon, Wed, Fri	Children (6-11 years)	Session 1	5:00-5:50	From White belt to Yellow belt with Green Stripe
		2	6:00-6:50	Green belt +
		3	7:00-7:50	Green belt +
Tue, Thu	Kindergarteners (4-6 years)	Session 1	4:30-5:15	White belt +
		2	5:20-6:05	
	Teens and Adults (12+ years)	3	6:10-7:10	
Saturday	Children (6-11 years)	Session 1	10:00-10:50	White belt +
	Teens and Adults (12+ years)	2	11:00-12:00	

※ Notice : Class schedules are subject to change based on the dojo's circumstances. Please always check for the latest information. ※