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| C:\Users\Becky\OneDrive\Documents\00 WRC\American Red Cross.jpgC:\Users\Becky\OneDrive\Documents\00 WRC\American Red Cross.jpg**WRC**  **Swim Club**  Westminster Riding Club - 366 North Colonial Avenue, Westminster MD  **Website:** [www.wrcswimandsocialclub.com](http://www.wrcswimandsocialclub.com) **Phone:** 410-848-2918  **Email:** [clubinfo@wrcswimandsocialclub.com](mailto:clubinfo@wrcswimandsocialclub.com) | | | | | | | | | | | |
| **Swim**  **Lessons Registration** | **Return Form via email:** [clubinfo@wrcswimandsocialclub.com](mailto:clubinfo@wrcswimandsocialclub.com)  **Mail:**WRC, P.O. Box 52, Westminster, MD 21158  **Payment Instructions PayPal: –** Choose “Friends and Family” Option  **Direct Friends & Family Payment to –** [wrclub@comcast.net](mailto:wrclub@comcast.net)    **Make Checks Payable to:** WRC  **Mail Check to:** WRC, P.O. Box 52, Westminster, MD 21158  **Registration will be confirmed when both form and payment have been received. Direct any questions to a Club Manager at the email or phone # above.** | | | | | | | | | | |
| **2018 Course/Sessions & Schedule** | | | | | | | | | | | |
| **Course Name:** | | **Session #** | | | **Dates, Time** | | **Fee:** | | | | |
| **Pre-School Aquatics and Learn to Swim Levels 1 – 6** (see page 2 for course descriptions**)** | | **Session 1** | | | JUNE 18 – JUNE 29, 8:45am– 9:15am | | **WRC Club Members:** $40  **Non-members:** $70 | | | | |
| **Session 2** | | | JULY 2– JULY 13, 8:45am– 9:15am | | **WRC Club Members:**  $40  **Non-members:** $70 | | | | |
| **Adult Lessons -** Basic water movements to float and stroke development | | **Session 3** | | | JUNE 25 - JUNE 29, 7:00pm-7:45pm | | **Members & Non-members:** $60 | | | | |
| **Adult and Child Class – (children 3 months and up)** Water exploration | | **Session 4** | | | JUNE 18 – JUNE 22, 6:30-7:00pm | | **Members & Non-members:** $60 | | | | |
| ***Note:*** *Children who are not yet toilet trained must wear snug fitting plastic pants (aka a swim diaper cover) over a swim diaper. In addition, A bathing suit must be worn over the plastic pants/swim diaper cover.* | | | | | | | | | | | |
| **Responsible Party Name (Last) (First)** | | | | | | | | | | | |
| **E-mail Address:** | | | | | | **Primary Phone** | | | | | |
| **Address** | | | | | | **City** | | | **State** | **ZIP Code** | |
| **Emergency**  **Contact Name:** **Phone Number:** | | | | | | | | | | | |
| Have you ever taken swim lessons at the Westminster Riding Club before? YES NO  Elsewhere? YES NO If YES, where? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  What level class have you **completed?** (see page 2 for course descriptions)  **(Circle) Pre-School I II III IV V VI** | | | | | | | | | | | |
| **Course Name** | **Session #** | | **Fee** | **Student Name First: Last:** | | | | **Date of Birth** | | | **Gender** |
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| Responsible Party  Signature: Date: | | | | | | | | | | | |
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| Responsible Party  Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | | | | | | | | |

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| C:\Users\Becky\OneDrive\Documents\00 WRC\American Red Cross.jpgC:\Users\Becky\OneDrive\Documents\00 WRC\American Red Cross.jpg**WRC**  **Swim Club**  Westminster Riding Club - 366 North Colonial Avenue, Westminster MD  **Website:** [www.wrcswimandsocialclub.com](http://www.wrcswimandsocialclub.com) **Phone:** 410-848-2918  **Email:** [clubinfo@wrcswimandsocialclub.com](mailto:clubinfo@wrcswimandsocialclub.com) |
| **Swim Lesson Course Descriptions: (complete form on reverse side)**  **(***Note: It is quite common for children to participate in several sessions of a certain level before they are able to successfully demonstrate all the skills. That’s okay!)*  **Pre-School Aquatics (Children between the ages 4 – 5):**  Your child is introduced to basic skills. These skills lay the foundation for future skill development of swimming strokes.  **Learn-to-Swim Level 1:**  Your child will continue to build on basic skills. They will be introduced to more advanced water skills. Essentially getting in, getting wet and going under.  **Learn-to-Swim Level 2:**  Your child will build on skills learned in Level 1. This course covers the fundamental aquatic skills including: breath control and arm/leg coordination while building on previously learned skills.  **Learn-to-Swim Level 3:**  Your child will be challenged to develop his/her strokes. They will also learn the fundamentals of font crawl and back crawl and possible some butterfly.  **Learn-to-Swim Level 4:**  Your child will improve his/her strokes. They will also learn the breaststroke, elementary backstroke, and the whole butterfly.  *(This lesson will prepare your child for swim team, but is not requirement to join Swim Team)*  **Learn-to-Swim Level 5:**  Your child will have time in the water to refine his/her strokes. Beginning with the sidestroke, racing starts and turns, and endurance swimming. They are learning to prefect their strokes.  **Learn-to-swim Level 6:**  A vigorous course that challenges both children and adults. As a fitness swimmer, you learn the principles of training and evaluate your own level of fitness. |
| **Interested in becoming a member of WRC? Check out our website for more information.**  [**www.wrcswimandsocialclub.com**](http://www.wrcswimandsocialclub.com) |