iPhone / iPad, Android Security Checklist (2025)

System Updates:

- Enable Automatic Updates (Settings → General → Software Update).
- Turn on Rapid Security Responses.

Privacy Settings:

- Turn off App Tracking (Settings → Privacy & Security → Tracking).
- Enable Mail Privacy Protection.
- Enable Safari Fraudulent Website Warning.
- Disable Cross-Site Tracking & Hide IP Address from Trackers.

Access & Identity:

- Use Face ID / Touch ID and a strong passcode.
- Turn on Two-Factor Authentication (2FA).
- Add Apple ID Recovery Contacts.
- Enable 'Erase Data' after 10 failed passcode attempts.

App Safety:

- Install apps only from the App Store.
- Turn on App Privacy Report and review monthly.
- Remove unknown configuration profiles (Settings → General → VPN & Device Management).

Network & Online Security:

- Use a trusted VPN on public Wi-Fi (ProtonVPN, iCloud Private Relay).
- Enable Private Wi-Fi Address.
- Set Auto-Join Hotspot to Ask to Join.

Phishing & Malware Protection:

- Install Lookout Mobile Security or Trend Micro Mobile Security.
- Use Safari Reading Mode for unfamiliar websites.
- Avoid tapping links in unsolicited messages or emails.

Advanced Protection:

- Turn on Lockdown Mode if you handle sensitive data.
- Enable Advanced Data Protection for iCloud backups.
- Regularly check for unknown profiles or devices.

Backup & Recovery:

- Turn on iCloud Backup.
- Back up offline using Finder or iTunes.
- Verify backups monthly.