


You ARE what you eat,  
Yes the saying IS real  
and you'll BE it all day  
when it IS your first meal!

It say's here  
that breakfast's  
the most  
important meal




A woman with long blonde hair is lying on her stomach on a couch, reading a magazine. She is wearing a light-colored lace bra and matching underwear. Her right hand is on the magazine, and her left hand is resting on a white cushion. The background shows a white shelf with various items, including a bottle and a small electronic device.

to get a man  
through his day  
with vigor  
and zeal.



Well, MAYBE  
that's true,  
but be that  
as it may,



A blonde woman with long, wavy hair is lying on her side on a light-colored couch. She is wearing a light-colored, lace-trimmed bodysuit. She is looking down at an open magazine or book that is resting on her lap. Her right hand is resting on the magazine, and her left hand is resting on the couch cushion. The background shows a white wall and a white cabinet with various items on it, including a bottle and a small container. The lighting is soft and indoor.

let's see what  
the Girls in  
this story  
have to say

about what it IS  
that gives a  
submissive  
man ZEAL




and if breakfast  
really IS




**"His Most Important Meal"**



A candid photograph of three women sitting at a table, enjoying a meal. The woman in the center, with short reddish-brown hair and wearing a white sleeveless top, is smiling and holding a small white cup. To her right, a blonde woman in a blue patterned top is looking towards her. On the left, the back of a woman's head with curly blonde hair is visible. The table is cluttered with several white takeout containers, glasses of water and red wine, and condiment bottles. The background shows a wooden chair and a window with a view of a city skyline.

Lunch !

A candid photograph of three women sitting at a dining table. The woman in the center, with short reddish-brown hair and wearing a white sleeveless top, is smiling and holding a small white bowl. To her right, a woman with blonde hair and a blue patterned top is looking towards her. On the left, the back of a woman's head with curly blonde hair is visible. The table is cluttered with several white takeout containers, glasses of wine, and other dining items. The background shows a wooden chair and a window with a view of a city at night. A copyright symbol is visible in the top left corner.

Dinner!

Well,  
to YOU  
Gail it's  
lunch,






and to Susan  
it's dinner,





but to  
my slave  
husband  
Jimmy,



A photograph of three women sitting at a table, eating breakfast. The woman in the center has short brown hair and is wearing a white sleeveless top, smiling while holding a small white cup. The woman on the right has blonde hair and is wearing a blue patterned sleeveless top, looking towards the center woman. The woman on the left is partially visible, with blonde hair. The table is set with several white takeout containers, glasses of water, and a glass of red wine. A wooden chair is visible in the background.

BREAKFAST'S  
the winner!



As soon as I wake up,  
and my eyes become  
clear,





I walk down  
to my slave





and scream,  
GET YOUR  
ASS HERE!





He  
says,

"Good  
Morning  
Mistress!"





as he gets  
on his knees,





and proceeds to get  
the nourishment he  
so DESPERATELY needs,





to give  
him the  
incentive





to wash  
all my  
floors



and serve me  
MY breakfast,





while he's  
NAKED,  
of course!





And THIS  
breakfast  
that he  
eats,





EVERY  
day  
without  
Bitchin,





helps him  
clean both  
my bathrooms





and then  
go do my  
KITCHEN!





It makes  
him WANT  
to serve  
me





On his  
knees  
in the  
shower





and keeps him  
so NICELY  
submissive





to my  
feminine  
POWER!





And all my  
LAUNDRY  
gets done





he evens  
IRONS it  
too,





because I  
give him  
a SNACK





every HOUR  
or TWO!





And every  
night  
when he's  
finished





doing  
my  
nails,





what do you  
think he  
licks NEXT?





Huh,  
Susan?





Huh,  
Gail?


















**The End**





Wow, I guess  
it IS true



A woman with long blonde hair is lying on her stomach on a light-colored sofa. She is wearing a light pink lace bra and matching lace underwear with a white ribbon. She is looking down at an open magazine or book she is holding. Her right hand is resting on the magazine, and her left hand is resting on the sofa cushion. In the background, there is a white cabinet with various items on it, including a bottle and a glass. The text "so starting TODAY" is overlaid on the image in a typewriter font.

so  
starting  
TODAY



breakfast  
WILL be  
served  
twenty





four hours  
a DAY!

















