

Carrier Oil, Base Oil, & Fixed Oil Properties



The Mystic Owl
Apothecary

| Name & Botanical Name | Viscosity | Shelf Life | Contains | Uses | Benefits/Properties | Good For |
|---|--|--------------------------------------|---|---|--|--|
| Almond Oil prunus dulcis prunus amygdalus | Heavy to Medium | up to 12 mo. | Vitamin A, B, E, Protein, Calcium, Glycosides, Iron, Magnesium, Phosphorus, Potassium | Food, Skincare Massage, Hair care Cosmetics | Moisturizing, Not Penetrating, Lubricating, Conditioning, Retains Moisture, Calms Skin, Does not Clog Pores, Prevents Wrinkles, Removes Impurities and Dead Skin, Aphrodisiac | Dry Skin, Itching, Inflammation, Eczema, Burns, Sunburn, Sore Muscles, Dandruff, Hair Loss, Split Ends |
| Apricot Kernel Oil Prunus Armeniaca | Medium Oily | 6 to 12 mo. | Vitamin A, C, E Protein, Potassium | Skincare, Massage Hair care | Moisturizing, Emollient, Nourishing, Prevents Wrinkles, Laxative Antioxidant Properties, Anti-Inflammatory | Dry Skin, Sensitive Skin, Inflammation, Aged Skin |
| Argan Oil Argania Spinosa | Light Medium | up to 6 mo. cool, dark dry | Vitamin E, Carotenes, Phenols Squalene, Tocopherols | Skincare, Hair care, Cosmetics, Nail Care | Very Hydrating, Quickly Absorbs, Emollient, Protective Properties, Reduces Wrinkles, Dissolves Excess Sebum, Prevents/Reduces Stretch Marks | Acne, Scars, Strengthening Nails and Hair |
| Avocado Oil Persea Americana Persea Gratissima | Heavy | 6 to 12 mo. do not refrigerate | Vitamin A, B1, B2, D, E Amino Acids, Pantothenic Acid, Sterols | Food, Skincare Hair care | Moisturizing, Very Penetrating, Improves Skin Elasticity, Increases Collagen Removes Impurities from Skin. Blends well with other carrier oils | Dry Skin, Sensitive Skin, Aged Skin, Eczema Psoriasis, Solar Keratosis, Age Spots, Scalp Care, Scars, Sun damage |
| Babassu Oil Orbignya Oleifera | Medium Solid at Room Temp | up to 12 mo. | Vitamin A, C, Calcium Iron, Phosphorus | Food, Skincare, Cosmetics, Hair care, | Moisturizing, More Emollient than Coconut Oil, Healing, No Oily Look Anti-bacterial | Dry Skin, Itching, Eczema, Protectant, Soap Making |
| Baobab Oil Adansonia Dititata | Medium | 3 to 4 years cool, dark, dry | Vitamin A, E, F Protein | Skincare, Massage, Hair care | Moisturizing, Hydrating, Quickly Absorbs, Astringent Anti-Fungal, Anti-inflammatory, Anti-Microbial | Dry Skin, Sensitive Skin, Wrinkles, Dry Hair, Cosmetics, Detergents |
| Borage Seed Oil Starflower Oil Borago Officinalis | Light Oily | up to 6 mo. refrigerate | Alkaloids****Can Be toxic if over consumed. Only 1-2 grams daily | Dietary Supplement, Skincare, Massage, Cosmetics, Medicinal | Very Penetrating, Regenerative, Stimulates Skin Cells, Do not heat Dilute with another carrier oil 10% Borage 90% other DO NOT USE WHILE PREGNANT, MAY CAUSE PREMATURE LABOR | Aged Skin, Damaged Skin, Eczema, Psoriasis |
| Brazil Nut Oil Bertholletia Excelsa | Light | 18 mo-24 mo. | Vitamin A, B, C, E Selenium | Skincare, Hair care | Hydrating, Emollient, Antioxidant Properties | Dry Skin, Aged Skin, Eczema, Psoriasis, Damaged Hair Dry Hair, Cosmetics, Hair Products, Soaps |
| Camelina Oil Gold of Pleasure , Camelina Sativa | Light | up to 24 mo. | Vitamin E Plant Sterols, Omega 3 | Skincare, Hair care Cosmetics | Nourishing, Protective Properties, Reduces Skin Aging, Improves Skin Elasticity, Similar to Flax Seed Oil, Antioxidant Properties | Sensitive Skin, Aged Skin, Eczema, Psoriasis Eye Creams |
| Camellia Oil Tea Oil, Tea Seed Oil Camellia Sinesis, or Oleifera | Medium | up to 18 mo. | Vitamin E, Polyphenols, Squalene, Omega3 Omega 6, Omega 9 | Food, Skincare, Hair care, Cosmetics | Moisturizing, Penetrating, Emollient, Conditioning, Cooling, Improves Complexion, Promotes Hair Growth, Antioxidant Properties Known as "Geisha's beauty secret" | Dry Skin, Aged Skin, Allergy Prone Skin, Scalp Care Scars, Can Reduce Cholesterol |
| Castor Oil Ricinus Communis | Heavy | up to 5 years | Vitamin E | Skincare, Cosmetics | Lubricating, Healing, Protective Properties, Good for Nursing Mothers to heal damaged, inflamed skin and dry nipples | Itching, Blackheads, Dandruff, Hemorrhoids, Cosmetics, Scalp Care |
| Chia Seed Oil Salvia Columbariae | Medium | up to 1 year | Vitamin A, B, D, E, K Amino Acid, Omega 3, Omega 6 | Food, Dietary Supplement Skincare | Moisturizing, Hydrating, Retains Moisture Antioxidant Properties, Anti Inflammatory, Anti-Aging Properties | Dry Skin, Acne, Dermatitis, Eczema, Psoriasis Auto Immune Skin Conditions, Scars, Wrinkles |
| Coconut Oil Cocos Nucifeia | Light (liquid) Solid under 76 degrees | 2-4 years | Vitamin E Squalene, Sterol, Tocopherols | Food, Skincare, Massage Hair care, Cosmetics Household | Moisturizing, Conditioning, Protective Properties, Does not clog pores, Non Greasy, Doesn't stain, Helps extend shelf life of other carrier oils *Make sure you purchase cold or expeller pressed organic unrefined* Refined oils, Part refined and fractionated lack nutrients | Dry Skin, Oily Skin, Sensitive Skin, Sunblock, Dry Hair, Split Ends, Cosmetics, Creams, Soaps |
| Coconut Oil - Fractionated (FCO) Cocos Nucifeia | Light (liquid) Non Greasy | Indefinite | Medium chain triglycerides | Massage General Carrier | Absorbs quickly and easily and has extensive shelf life extremely light, clear oil which is odorless | Due to refining, FCO has limited therapeutic benefits |
| Evening Primrose Oil Oenothera Biennis | Light | up to 6 mo. | Vitamin E Omega 3, Omega 6 | Food, Skincare Dietary Supplement Hair care, Massage, | Healing, Astringent, Reduces Inflammation, Can Ease Premenstrual Stress Used Medicinally in Europe and Licensed oil for Breast Pain in United Kingdom | Sensitive Skin, Eczema, Baby Skin, Rashes, Dry Hair, Cosmetics, Hair Products, Arthritis, Breast Pain Hot Flashes, Menstrual Problems, PMS |
| Flaxseed Oil Linum Usitatissimum | Heavy | up to 6 mo. refrigerate | Vitamin E Omega 3, Omega 6 | Food, Dietary Supplement, Skincare | Emollient, Astringent, Prevents Scarring and Stretch Marks Anti-inflammatory, Anti-Septic, Anti-rheumatic, (Also Known as Linseed Oil | Oily Skin, Acne, Eczema, Psoriasis, Scars, Stretch marks, High Cholesterol, Heart Disease, |
| Grapeseed Oil Vitis Vinifera | Light Medium | up to 1 year | Vitamin E, Tocopherols Omega 6, Omega 9 | Food, Skincare, Massage, Perfumes | Penetrating, slightly astringent, Reduces Skin Aging, does not aggravate acne not greasy, Antioxidant Properties increased in blood, anti-bacterial, anti-fungal | Oily Skin, Sensitive Skin, Skin that doesn't absorb oil well. Cosmetics, High Heat Cooking |

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|--|--------------------------------|-----------------------------|---|---|---|--|
| Hazelnut Oil Corylus Avellana | Light | up to 1 year refrigerate | Vitamin B6, E, Protein Polyphenols, Tocotrienol | Food, Skincare, Massage, Hair care | Moisturizing, Emollient, Regenerative, Astringent, Soothing, Tones Skin Stimulates Skin Circulation, Strengthens Skin Capillaries, Softens Hair | Dry Skin, Damaged Skin, Sunscreen, Wounds, Dry Damaged Hair |
| Hemp Seed Oil Cannabis Sativa | Medium | up to 1 year refrigerate | Vitamin A, B1, B2, B3, B6 C, D, E, Protein, Chlorophyll DOES NOT CONTAIN THC* | Food, Skincare Massage, Hair care Cosmetics, Medicinal\ | Conditioning, Regenerative, Reduces Skin Aging, Increases hair elasticity, manageability, and shine, High in Proteins, Do not heat, consume raw Anti-Inflammatory | Dry Skin, Aged Skin, Damaged Skin, Wounds, Lesions, Cosmetics, Hair Care, Laxative |
| Jojoba Oil Simmondsia Chinensi | Heavy Liquid wax | 2-5 years | Vitamin B, E, Copper, Chromium, Silicon, Zinc | Skincare, Hair care, Cosmetics | Quickly Absorbs, Nourishing, Protective Properties, Similar to Collagen Can Clog Pores, yet allows skin to breath, Dissolves excess sebum Can extend shelf life of other oils, Antioxidant Properties | Oily Skin, Inflammation, Acne, Dermatitis, Eczema Psoriasis, Cradle Cap, Stretch Marks, Sun tanning oil for those who burn quickly |
| Kukui Nut Oil Aleurites Mouccans | Light | up to 1 year | Vitamin A, C, E | Skincare, Hair care Candle making, Soap | Quickly Absorbs, Protective Properties used in Hawaii to protect skin from salt water, sun, and wind, No Greasy Feeling | Dry Skin, Eczema, Psoriasis, burns, lesions, chapped skin, lightest oil for face |
| Macadamia Nut Oil Macadamia Integrifolia Macadamia Ternifolia | Heavy Oily | up to 1 year refrigerate | Vitamin A, B6, E Riboflavin, Thiamin, Omega 3, Omega 6 | Skincare, Hair care, Cosmetics Baby Products | Quickly Absorbs, Emollient, Highly Regenerative, Protective Properties Helps Prevent Sunburn, Resembles Sebum sometimes called Bouple nut or bopple nut oil | Dry Skin, Aged Skin, Baby Skin, sunburns, wounds |
| Meadowfoam Seed Oil Limnanthes Alba | Heavy | 1 to 5 years | Carbon, Tocopherols | Skincare, Hair care, Cosmetics, Nail Products, Pharmaceutical | Moisturizing for skin and hair, Lubricant, Conditioning Retains Moisture, Provides Nutrients to Animals | sunblock, cosmetics, gardening Renewable crop and used as a rotation crop eliminates need to burn fields |
| Neem Oil Azadirachta Indica | Heavy solid at room temp | up to 2 years | Vitamin E, Triterpenes | Skincare, Hair care Cosmetics, Medicinal, Dental, Gardening | Dilute with other carrier oils prior to use! DO NOT USE WHILE PREGNANT OR NURSING, DO NOT USE ON CHILDREN OR PETS Anti-bacterial, Anti-Fungal, Anti-Septic, Anti-Viral | Sensitive Skin, Skin Diseases/Disorders, Psoriasis Allergies, Sunburn |
| Olive Oil Olea Europaea | Heavy | up to 2 years | Vitamin E, K, Protein Minerals | Food, Skincare, Hair care, Cosmetics | Penetrating, Soothing, Promotes Healthy Digestion and can help prevent Ulcers, Antioxidant Properties | Inflammation, Acne, Bruises, High Cholesterol, Heath Health, Sprains |
| Pecan Oil Carya Pecan | Light Medium | up to 1 year | High Fiber | Food, Skincare, | Moisturizing, Healing, Leaves skin soft and supple Anti-Inflammatory | Dry Skin, Cardiovascular Health, Digestion Heart Health |
| Pumpkin Seed Oil Green Gold Cucurbita Pepo L. | Heavy | up to 1 year refrigerate | Vitamin A, E Sterols, Zinc, Omega 3, Omega 6 | Food, Dietary Supplement Skincare, Cosmetics | Emollient, Promotes Energy and Brain Function, Do not heat, Use Raw, Antioxidant Properties | Most Skin Types, Cosmetics, Supplement |
| Rose Hip Seed Oil Rosa Canina | Light Watery | up to 6 mo. Refrigerate | Vitamin A, C, K | Skincare, Massage Cosmetic | Regenerative, Non Greasy, Avoid with Acne and Oily Blemished skin Anti-Inflammatory | Dry Skin, Aged Skin, Damaged Skin, Eczema, Psoriasis Hyperpigmentation, Scars, Wrinkles, Brittle Nails |
| Safflower Oil Scarthus Tinctorius | Light | 1 to 2 years | Vitamin E | Food, Supplement Skincare, Cosmetic | Extremely Moisturizing, Nourishing, Conditioning, Antioxidant Properties | Cosmetics, Balms, Scrubs, Bath Oils, Diabetes, Dietary Supplement |
| Sesame Seed Oil Sesame Indicum | Heavy | 6 mo-1 year | Vitamin A, B, E, Protein, Calcium, Lecithin, Zinc | Skincare, Massage Hair care, Cosmetics | Moisturizing, Protective Properties, Soothing, Absorbs/ Removes Toxins Works well with other Carrier Oils, Can Darken Hair color Anti Aging Properties, called Benne oil, Gingle Oil, Teel Oil | Eczema, Psoriasis, Blemishes, Cuts, Dandruff, Scrapes, Wounds, Wrinkles, Cooking |
| Sunflower Oil Helianthus Annuus | Light | 6mo to 1 year | Vitamin A, B, D, E Minerals | Food, Skincare, Hair care Cosmetics | Moisturizing, Quickly Absorbs, Regenerative, Great for Massage Can Help Break Down Fat Cells, Can Reduce Bad Cholesterol | All Skin Types, Dry Skin, Skin Diseases, Aged Skin Sensitive Skin, Bruises, Cradle Cap, Diaper Rash, |
| Tamanu Oil Calophyllum Inophyllum | Heavy | up to 1 year | Vitamin E | Skincare, Hair care Cosmetics, Nail Care Foot care | Emollient, Regenerative, Healing, Pain Relieving, Antioxidant Properties Anti-bacterial, Anti-Inflammatory, Anti- Microbial, Anti-neuralgic Oil Can Separate (this is normal) | Aged Skin, Damaged Skin, Acne, Psoriasis, Arthritis, Lesions, Burns, Bruises, Chemical Burns, Cuts, Rashes, Sores, Stretch Marks |
| Watermelon Seed Oil Citrullus Vulgaris | Light | up to 2 years | Lycopene, Magnesium Omega 6, Omega 9 | Skincare, Hair care Cosmetics, | Hydrating, Penetrating, Regenerative, Non Greasy, Does not clog Pores Dissolves excess sebum, also called Kalahari Oil | All Skin Types, Dry Skin, Oily Skin, Aged Skin Acne, Babies Skin |
| Wheat Germ Oil Triticum Vulgare | Heavy | up to 1 year | Vitamin A, B1, B2, B3, B6 D, E, F, Protein | Food, Skincare, Cosmetics | Moisturizing, Emollient, Regenerative, Stimulates Skin Tissue, Do not Heat Antioxidant Properties | Irritated Skin, Chaffing, Cracked Skin, Rough Skin Wrinkles |

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