

The Mystic Owl Apothecary
Essential Oil Profile Sheet

Cinnamon Leaf

Botanical Name: *Cinnamomum zeylanicum*

Plant Part: Leaves

Extraction Method: Steam Distilled

Origin: Sri Lanka

Color: brownish yellow to dark

Consistency: Medium

Note: Middle

Strength of aroma: Medium

Aromatic Scent: Cinnamon Leaf Essential Oil has a spicy, warm, smell. It is peppery, earthy, spicy, bright yet slightly woody. Customers seeking the smell of the cinnamon spice should purchase Cinnamon Bark.

Blends With: Clove Bud, Lavender, Cedarwood, Orange, Lemon, Neroli, Ylang-ylang, Rosemary and Thyme.

Common Uses:

Cinnamon Leaf Essential Oil is believed to have the following properties: stimulant, antiseptic, antibiotic, astringent, carminative, emmenagogue, and anti-spasmodic. It is also considered to have natural insect repellent properties.

Cautions:

Tisserand and Young indicate a low risk for mucous membrane irritation, may inhibit blood clotting and pose a drug interaction hazard. There is a high risk of skin sensitization. The has phototoxic properties and exposure to the sun should be avoided after application to the skin.

Never ingest or use an essential oil undiluted unless advised by your health care provider or certified aromatherapist. Keep essential oils away from infants, children, and all pets.

