

The Mystic Owl Apothecary
Essential Oil Profile Sheet

Citronella (Java) Essential Oil

Botanical Name: *Andropogon nardus*

Plant Part: Leaves

Origin: Indonesia

Processing Method: Steam Distilled

Color: yellow to brownish liquid

Consistency: thin

Note Top

Strength of Aroma: medium

Aromatic Scent: Citronella has a well-rounded lemony scent, though it is much softer and has subtle wood tones.

Blends well with: Bergamot, Orange, Cedarwood, Geranium, Lemon, Lavender and Pine.

Common Uses

Excessive perspiration, fatigue, headache, insect repellent, oily skin. [Julia Lawless, *The Illustrated Encyclopedia of Essential Oils* (Rockport, MA: Element Books, 1995), 58-67.]

Cautions:

Dilute before use; for external use only. May cause skin irritation in some individuals, and should be avoided by those allergic to ragweed; a skin test is recommended prior to use, and contact with eyes should be avoided.

Never ingest or use an essential oil undiluted unless advised by your health care provider or certified aromatherapist. Keep essential oils away from infants, children, and all pets.

