

*The Mystic Owl Apothecary*  
*Essential Oil Profile Sheet*

**Cypress Essential Oil**

Botanical Name: *Cupressus sempervirens*

Plant Part: Needles and Twigs

Extraction Method: Steam Distilled

Origin: France

Color: Very pale yellow to golden yellow clear liquid.

Consistency: Thin

Note: Middle

Strength of Aroma: Medium

Aromatic Scent: Cypress French Essential Oil has a spicy, herbaceous, slightly woody evergreen aroma. It is fresh and clean.

Blends with: blends well with a number of essential oils including other woody oils, mint oils, the citrus oils, especially grapefruit, and it is beautiful when blended in low dilution with florals

Common uses:

Astringent, antiseptic, antispasmodic, deodorant, diuretic, hemostatic (Regulates blood flow), hepatic (Liver Health), styptic (reduces bleeding), sudorific (antiperspirant), vasoconstricting, respiratory tonic, Wound care, and sedative

Cautions:

Tisserand and Young do not indicate any known hazards for Cypress Oil. However, they precaution to avoid use of the oil topically if it has oxidized as skin sensitization is more likely.

Never ingest or use an essential oil undiluted unless advised by your health care provider or certified aromatherapist. Keep essential oils away from infants, children, and all pets.

