

## **Eucalyptus Globulus Essential Oil**

Botanical Name: *Eucalyptus globulus*

Plant Part: Wood and Leaves

Origin: China

Processing Method: Steam Distilled

Color: clear, colorless to pale yellow liquid

Consistency: Thin

Note: Top

Strength of Aroma: Strong

Aromatic Scent: Herbaceous scent with woody undertones

Blends With: Basil, Cajeput, Cedarwood, Citronella, Ginger, Lavender, Lemon, Myrtle, Frankincense, Spearmint and Tea Tree.

Common Uses:

Arthritis, bronchitis, catarrh, cold sores, colds, coughing, fever, flu, poor circulation, sinusitis. anti-viral, expectorant, fever, vaginitis, acne, antibacterial, sinus infections, respiratory distress

Cautions:

Avoid if you have high blood pressure or epilepsy. Possible sensitivity in some individuals. Direct inhalation can activate gag reflex. Use with caution. DO NOT take internally. It is toxic if taken this way. This is the strongest Eucalyptus and is NOT recommended for babies, children, or the elderly or pets. Use *Eucalyptus radiata* for them instead as it is much safer. Globulus Essential Oil may cause CNS and breathing problems in young children. They caution against using Eucalyptus Globulus Oil on or near the face of children under 10. Their dermal maximum recommendation is 20%.

Never ingest or use an essential oil undiluted unless advised by your health care provider or certified aromatherapist. Keep essential oils away from infants, children, and all pets.

