

The Mystic Owl Apothecary
Essential Oil Profile Sheet

Grapefruit (Pink) Essential Oil

Botanical Name: Citrus racemosa

Plant Part: Peel

Extraction Method: Cold Pressed

Origin: Canada

Color: Pink to and orange-pink liquid.

Consistency: Thin

Note: Top

Strength of Aroma: Medium/strong

Aromatic Scent: Grapefruit Pink Essential Oil has a fresh, sweet citrus smell that is very characteristic of the fruit.

Blends well with: Basil, Bergamot and other citrus oils, Black Pepper, Cardamom, Carrot Seed, Cedarwood, Chamomile, Citronella, Clary Sage, Clove, Coriander, Cypress Leaf, Frankincense, Geranium, Ginger, Jasmine, Lavender, Lemon, Neroli, Palmarosa, Patchouli, Peppermint, Rose, Rosemary, Tangerine, Ylang Ylang

Common Uses:

Cellulitis, dull skin, toxin build-up, water retention

Cautions:

Photosensitizing (low risk); skin sensitization if oxidized. Maximum dermal use level is 4%; if applied to the skin at over maximum use level, skin must not be exposed to sunlight or sunbed rays for 12 hours

Never ingest or use an essential oil undiluted unless advised by your health care provider or certified aromatherapist. Keep essential oils away from infants, children, and all pets.

