

The Mystic Owl Apothecary
Essential Oil Profile Sheet

Jasmine Absolute (3% in Jojoba)

Botanical Name: *Jasminum grandiflorum*

Plant Part: Flowers

Extraction Method: Solvent Extraction

Origin: India

Color: Light reddish-brown liquid.

Consistency: Medium

Note: Middle

Strength of Aroma: Strong

Aromatic Scent: Jasmine Grandiflorum Absolute has a smooth, extremely intense floral smell that is both sweet and lingering.

Blends With: Ambrette Seed, Amyris, Bergamot, Black Pepper, Cassie, Cedarwood, Chamomile (Roman), Clary Sage, Coriander, Frankincense, Galbanum, Geranium, Grapefruit, Helichrysum, Lavender, Lemon, Lemongrass, Lime, Mandarin, Melissa, Neroli, Orange, Orange Blossom, Palmarosa, Patchouli, Rose, Sandalwood, Tuberose, Vetiver, Violet Leaf, Ylang Ylang. Jasmine “has the ability to round off any rough notes and blends with virtually everything.”

Common Uses:

Jasmine is an antidepressant, antiseptic, aphrodisiac, antispasmodic, cicatrizant, expectorant, galactagogue, emmenagogue, parturient, sedative, and a uterine substance. It is commonly used for depression, dry skin, exhaustion, labor pains, sensitive skin and as an aphrodisiac.

Cautions:

It is important to note that all absolutes are extremely concentrated by nature. They should not be evaluated in this state unless you are accustomed to the undiluted fragrance. For those trying Absolutes for the first time, we strongly recommend they be evaluated in dilution. Otherwise, the complexity of the fragrance - particularly the rare and exotic notes - becomes lost.

Tisserand and Young indicate that there is moderate risk of skin sensitization when using Jasmine Absolute topically, and they recommend a dermal maximum of 0.7%.

Never ingest or use an essential oil undiluted unless advised by your health care provider or certified aromatherapist. Keep essential oils away from infants, children, and all pets.



The FDA has not evaluated these statements. No claims are made as to the medicinal value of any products from The Mystic Owl Apothecary. The information presented here is for educating our customers about the traditional uses of essential oils and is not intended to diagnose, treat, cure, or prevent any disease.