

The Mystic Owl Apothecary
Essential Oil Profile Sheet

Lavandin Essential Oil

Botanical Name: *Lavandula hybrida* (Lavandin Grosso)

Plant Part: Flowers

Extraction Method: Steam Distillation

Origin: France

Color: Pale yellow liquid

Consistency: Thin

Note: Top

Strength of Aroma: Strong

Aromatic Scent: Lavandin Oil has a strong, somewhat piercing camphor like smell with some light, floral undertones characteristic of Lavender.

Blends well with: Bergamot, Black Pepper, Cedarwood, Cinnamon, Citronella, Clary Sage, Clove, Cypress, Eucalyptus, Geranium, Laurel Leaf, Lemon, Lime, Mandarin, Marjoram, Oakmoss, Orange, Oregano, Patchouli, Petitgrain, Pine, Rosemary, Thyme

Common uses:

Common Uses: Lavandin Essential Oil is used almost exclusively for scent. Many commercial manufacturers use both Lavandin Grosso and Lavandin Abrialis as replacements for Lavender 40/42. However, it should be noted that Lavandin has a much rougher, camphor type fragrance that is not as well rounded as traditional Lavender 40/42. Also used for stress, fatigue, anxiety and depression, antiseptic, anti-inflammatory, insomnia, respiratory support (cough, cold, bronchitis, sinusitis, chest congestion), sinusitis, dermatitis, Nervous system support (Alzheimer's , Parkinsons, Vertigo, nervousness)

Cautions:

Due to the high camphor content, Lavandin Essential Oil should be avoided during pregnancy and by those with epilepsy. Possible drug interaction, may inhibit blood clotting

Never ingest or use an essential oil undiluted unless advised by your health care provider or certified aromatherapist. Keep essential oils away from infants, children, and all pets.

