

The Mystic Owl Apothecary
Essential Oil Profile Sheet

Juniper Berry Essential Oil

Botanical Name: *Juniperus communis*

Plant Part: Berries

Extraction Method: Steam Distilled

Origin: India

Color: Colorless to pale yellow liquid

Consistency: Medium

Note: Middle

Strength of Aroma: Medium

Aromatic Scent: Juniper Berry Essential Oil has a fresh, rich-balsamic, woody-sweet and pine needle-like odor reminiscent of evergreen oils.

Blends well with: Clary Sage, Sandalwood, Bergamot, Geranium, Marjoram, Rosemary, Chamomile and Eucalyptus.

Common Uses

Colds, flu, acne, cellulitis, gout, hemorrhoids, obesity, rheumatism, toxin build-up.

Cautions:

Juniper Berry Essential Oil is non-irritating and non-sensitizing. Juniper oil is contra-indicated during pregnancy or those with kidney disease. Prolonged/excessive use may cause kidney irritation/damage. Do not use when acute kidney or urinary tract infection exists.

Never ingest or use an essential oil undiluted unless advised by your health care provider or certified aromatherapist. Keep essential oils away from infants, children, and all pets.

