

Litsea Cubeba (May Chang) Essential Oil

Botanical Name: Litsea cubeba

Plant Part: Fruit

Origin: China

Processing Method: Steam Distilled

Color: pale yellow to yellow

Consistency: Thin

Note: Top

Strength of Aroma: Medium

Aromatic Scent: crisp, citrus smell. It has been compared to Lemongrass and Lemon Verbena, but it is sweeter and softer than Lemongrass without the musty note, and more accurately citrus in its scent than Melissa

Blends Well With: Basil, Bergamot and all citrus oils, Geranium, Grapefruit, Jasmine, Lavandin, Lavender, Mandarin, Petitgrain, Rose, Rosemary, Verbena, Ylang Ylang

Common Uses:

Litsea Cubeba Essential Oil is most valued for its calming and anti-inflammatory properties. Other therapeutic properties include being astringent, antiseptic, insecticide, hypotensive, stimulant and tonic.

Cautions:

Tisserand and Young caution that a drug interaction may occur if using drugs metabolized by CYP2B6 and that there is a risk of teratogenicity. They precaution against topical use in children and infants under age 2 and for those with hypersensitive/diseased/damaged skin. They recommend a dermal maximum of 0.8%. Use with caution/avoid if pregnant

Never ingest or use an essential oil undiluted unless advised by your health care provider or certified aromatherapist. Keep essential oils away from infants, children, and all pets.

