

The Mystic Owl Apothecary  
Essential Oil Profile Sheet

**Rose Absolute (3% in Jojoba)**

Botanical Name: *Rosa damascena*

Plant Part: Flowers

Extraction Method: Solvent Extraction

Origin: Bulgaria

Color: Golden to amber

Consistency: Thick

Note: Middle

Strength of Aroma: Strong

Aromatic Scent: Strongly floral, sweet.

Blends With: Rose (Bulgaria) Absolute generally blends well with all oils, though it works particularly well with Bergamot, Chamomile German, Chamomile Roman, Clary Sage, Geranium, Melissa, Rosewood, Sandalwood, and Ylang-ylang.

**Common Uses**

Rose absolute is an antidepressant, antiphlogistic, antiseptic, antispasmodic, antiviral, aphrodisiac, astringent, bactericidal, cholagogic, cicatrizant, depurative, emmenagogue, hemostatic, hepatic, laxative, nervine, stomachic, and a uterine substance.. It is often used for Depression, eczema, frigidity, mature skin, menopause, stress, arthritis, gout, rheumatism, wound treatment, respiratory conditions, skin care, easing menstruation, and as an aphrodisiac.

**Cautions:**

It can eliminate headaches if used in mild concentrations, but its strong aroma can do just the opposite if a very high concentration is used. Being an emmenagogue, it should not be used during pregnancy, since there is no definite evidence of whether the effects of rose essential oil can be transferred to the fetus. It could possibly cause a miscarriage. A dermal maximum use level of 0.6% (of pure Rose Absolute) is recommended by Tisserand due to the presence of methyleugenol

Never ingest or use an essential oil undiluted unless advised by your health care provider or certified aromatherapist. Keep essential oils away from infants, children, and all pets.

