

## Wormwood Essential Oil

**(DANGER - Recommended for Practitioner use only. See Cautions)**

Botanical Name: *Artemisia absinthium*

Plant Part: Leaves, twigs, and flowering tops

Origin: United States

Processing Method: Steam Distilled

Color: Green

Consistency: Medium

Note: Top

Strength of Aroma: moderate

Aromatic Scent: Spicy, Warm, Bitter

Blends With: Jasmine, lavender, oak moss, and orange

Common Uses:

Anti-helmitic, cholagogue (digestive support), deodorant, emmenagogue (Menstrual support), febrifuge, insecticide/microbicide, narcotic (nervous afflictions, epileptic and hysteric attacks, convulsions, stress, anxiety, tension, and insomnia), vermifuge (intestinal worms), and tonic substance.

Cautions:

**DANGER: Wormwood Essential Oil is poisonous and is basically a neurotoxin. Use ONLY under the direction of a licensed health care professional or certified aromatherapist and prolonged use should be avoided.**

Large doses can cause nervous afflictions, convulsions, restlessness, impulsive behavior, and even death. Prolonged use can result in permanent damage to the brain and the nervous system, even resulting in insanity. It does have narcotic effects and is highly addictive.

Never ingest or use an essential oil undiluted unless advised by your health care provider or certified aromatherapist. Keep essential oils away from infants, children, and all pets.

