

Ylang Ylang Essential Oil

Botanical Name: *Cananga Odorata*

Plant Part: Flowers

Origin: Madagascar

Processing Method: Steam Distilled

Color: Colorless to pale yellow

Consistency: Thin

Note: Middle/Base

Strength of Aroma: Medium-Strong

Aromatic Scent: Fresh, floral, sweet, slightly fruity, fragrant yet delicate.

Blends With: Ambrette, Amyris, Balsam of Peru, Basil, Bergamot, Black Currant Bud, Black Pepper, Carnation, Cardamom, Cassie, Cedarwood, Champaca, Cinnamon, Citronella, Clary Sage, Clove, Coriander, Davana, Eucalyptus (Lemon), Frankincense, Galbanum, Geranium, Ginger, Grapefruit, Hay, Helichrysum, Jasmine, Labdanum, Lavender, Lemon, Lime, Liquidambar (Styrax), Litsea Cubeba, Mandarin, Melissa, Neroli, Nutmeg, Oakmoss, Orange (Sweet), Orange Blossom, Orris, Osmanthus, Palmarosa, Patchouli, Petitgrain, Rose, Rosewood, Sandalwood, Spikenard, Tangerine, Vanilla, Verbena, Vetiver.

Common Uses:

Ylang Ylang is an antidepressant, antiseborrheic, antiseptic, aphrodisiac, hypotensive, nervine, and sedative. Commonly used for anxiety, depression, eczema, frigidity, hypertension/blood pressure, palpitations, stress.

Cautions:

Some cases of sensitivity, nausea, and headache have been observed when ylang-ylang essential oil is taken in excessive amounts. Tisserand and Young indicate that Ylang Ylang Essential Oil may pose a moderate risk of skin sensitization and recommend dermal maximum of 0.8%. They caution to avoid use for those with hypersensitive/diseased/damaged skin and in children younger than 2.

Never ingest or use an essential oil undiluted unless advised by your health care provider or certified aromatherapist. Keep essential oils away from infants, children, and all pets

