

The Mystic Owl Apothecary
Essential Oil Profile Sheet

Vetiver Essential Oil

Botanical Name: *Vetiveria Zizanoides*

Plant Part: Root

Origin: Indonesia

Processing Method: Steam Distilled

Color: brown to reddish brown

Consistency: Medium - Thick

Note: Base

Strength of Aroma: Strong

Aromatic Scent: Vetiver has an earthy, woody scent with smoky undertones characteristic of oils derived from roots, with a rich note that is popular in products designed for men.

Blends With: Amyris, Bergamot, Black Pepper, Cardamom, Cassie, Cedarwood, Cinnamon, Clary Sage, Clove, Cocoa Absolute, Coffee Bean, Coriander, Eucalyptus (Lemon), Frankincense, Galbanum, Geranium, Ginger, Grapefruit, Jasmine, Lavandin, Lavender, Lemongrass, Litsea Cubeba, Mandarin, Mimosa, Oakmoss, Opopanax, Orange (Sweet), Orris, Patchouli, Peppermint, Petitgrain, Rose, Sandalwood, Spikenard, Tangerine, Tobacco Absolute, Violet Leaf, Ylang Ylang, Yuzu.

Common Uses:

Vetiver is known as a fixative, helping to extend the fragrance of highly volatile essential oils like lavender. Also used for acne, arthritis, cuts, depression, exhaustion, insomnia (sedative), muscular aches, oily skin, rheumatism, sores, stress.

Cautions:

No identified safety issues. Tisserand and Young recommend a dermal maximum of 15%.

Never ingest or use an essential oil undiluted unless advised by your health care provider or certified aromatherapist. Keep essential oils away from infants, children, and all pets.

