

Mugwort Essential Oil

(DANGER - Recommended for Practitioner use only. See Cautions)

Botanical Name: *Artemisia vulgaris*

Plant Part: Leaves, Buds, and flowering tops

Processing Method: Steam Distilled

Origin: Morocco

Color: pale to dark yellow

Consistency: Thin

Note: Middle

Strength of Aroma: Strong

Aromatic Scent: a powerful, fresh-camphoraceous, somewhat green and bittersweet scent

Blends well with: Jasmine, Patchouli, Lavender, Lavandin, Rosemary, Pine, Clary Sage and Cedarwood, Oakmoss, Sage, Neroli, Ylang Ylang, Frankincense, Myrrh.

Common uses:

A very powerful potentially dangerous oil. Due to the presence of thujone in this oil, it should be used ONLY under the direction of a qualified practitioner or physician.

The health benefits of Mugwort Essential Oil can be attributed to its properties as an anti-epileptic, anti-hysterical, cordial, digestive, diuretic, emmenagogue, nervine, stimulant, uterine, and a vermifuge substance. It eases PMS symptoms.

Cautions:

This oil is toxic, irritant, neuro-toxic, and abortifacient. That means, in common words, that it is poisonous, causes irritations, has toxic and narcotic effects on the brain and the nervous system, and can cause abortions. It should never be used during pregnancy.

Never ingest or use an essential oil undiluted unless advised by your health care provider or certified aromatherapist. Keep essential oils away from infants, children, and all pets.

