

The Mystic Owl Apothecary
Essential Oil Profile Sheet

Orange (Sweet) Essential Oil

Botanical Name: Citrus sinensis

Plant Part: Fruit Peel

Origin: Brazil

Processing Method: Cold Pressed

Color: yellowish orange to golden brown

Consistency: Thin

Note: Middle

Strength of Aroma: Medium

Aromatic Scent: Delicately sweet and tangy with the aroma of fresh cut oranges.

Blends well with: Angelica, Caraway, Cinnamon, Cistus, Clary Sage, Clove, Coriander, Cypress, Frankincense, Geranium, Ginger, Jasmine, Juniper, Labdanum, Lavandin, Lavender, Lemon, Myrrh, Neroli, Nutmeg, Oakmoss, Petitgrain, Rose, Rosemary, Sage, Tagetes, Vanilla, Violet Leaf, Ylang Ylang.

Common uses:

Antidepressant, antiseptic, antispasmodic, aphrodisiac, carminative, cordial, deodorant, digestive, stimulant (nervous) and tonic (cardiac, circulatory). It has also been applied to combat colds, constipation, dull skin, flatulence, the flu, gums, slow digestion, and stress.

Cautions

Tisserand and Young do not indicate any special precautions when using Sweet Orange Essential Oil. Essential oils obtained from Citrus sinensis do not contain any compounds responsible for photosensitization.

Never ingest or use an essential oil undiluted unless advised by your health care provider or certified aromatherapist. Keep essential oils away from infants, children, and all pets.

