

The Mystic Owl Apothecary
Essential Oil Profile Sheet

Patchouli Essential Oil (Light/Dark)

Botanical Name: Pogostemon Cablin

Plant Part: Leaves

Origin: Indonesia

Processing Method: Steam Distilled

Color: Golden Yellow (Light) amber (Dark)

Consistency: Thin

Note: Base

Strength of Aroma: Medium

Aromatic Scent: Patchouli has a rich earthy/woody aroma with light fruit like notes. Dark patchouli has a deeper/warmer overall scent. Improves with Age.

Blends With: Bergamot, black pepper, cedarwood, chamomile, cinnamon, clary sage, clove, coriander, frankincense, geranium, ginger, grapefruit, jasmine, lavender, lemongrass, litsea cubeba, mandarin, myrrh, neroli, oakmoss, opopanax, orange, rose, sandalwood, vetiver

Common Uses:

Acne, athlete's foot, chapped skin, dermatitis, eczema, fatigue, frigidity, hair care, insect repellent, mature skin, oily skin, stress. Often used as an antidepressant, anti-inflammatory, anti-emetic, antimicrobial, antiphlogistic, antiseptic, antitoxic, antiviral, aphrodisiac, astringent, bactericidal, carminative, deodorant, digestive, diuretic, febrifuge, fungicidal, nerve agent, prophylactic, stimulating and tonic agent. Patchouli is also a fixative for fast dissipating oils like Lavender.

Cautions:

Tisserand and Young indicate that Patchouli Oil may inhibit blood clotting and pose a drug interaction hazard.

Never ingest or use an essential oil undiluted unless advised by your health care provider or certified aromatherapist. Keep essential oils away from infants, children, and all pets.

