



The Memorare

Remember, O most gracious Virgin Mary,
that never was it known
that anyone who fled to thy protection,
implored thy help,
or sought thy intercession was left unaided.
Inspired by this confidence,
I fly unto thee, O Virgin of virgins, my Mother;
to thee do I come, before thee I stand,
sinful and sorrowful;
O Mother of the Word Incarnate,
despise not my petitions,
but in thy mercy hear and answer me.
Amen.

**THE BENEDICTINE NUNS OF OUR LADY OF
THE ASSUMPTION ABBEY**

**Mount of Prayer, Coubaril, Saint Lucia
Website: www.themountofprayer.org**