



Prayer Before a Crucifix

Look down upon me, good and gentle Jesus,
while before Thy face I humbly kneel and,
with burning soul, pray and beseech Thee
to fix deep in my heart lively sentiments of
faith, hope, and charity,
with true repentance for my sins,
and a firm desire of amendment.
While I contemplate, with great love and
tender pity,
Thy five wounds,
pondering over them within me,
I call to mind the words which David,
inspired by the Holy Ghost,
said of Thee, my Jesus:
“They pierced my hands and my feet,
they have numbered all my bones.” Amen.



**THE BENEDICTINE NUNS OF OUR LADY OF
THE ASSUMPTION ABBEY**

**Mount of Prayer, Coubaril, Saint Lucia
Website: www.themountofprayer.org**