



First Nations Health Authority
Health through wellness



MENTAL HEALTH FEE SUPPLEMENT

For
Clients of the First Nations
Health Authority

May 2025



Version History

Version	Modified/ Effective Date	Description
Mental Health Fee Supplement Version 1	October 2021	Publication of Mental Health Service Codes and Claiming Criteria for FNHA Clients
Mental Health Fee Supplement Version 2	April 2024	Updates to the Program and Provider Rates
Mental Health Fee Supplement Version 3	August 2024	Removal of Service Codes 80873, 80883, 89873, and 89883 (IRS codes)
Mental Health Fee Supplement Version 3	May 2025	Removal of Service Codes 80872, 80874, 80882, 80884, 89872, 89874, 89882, 89884 (MMWG and IDS codes)

Contents

Introduction	4
Allowable Providers	4
Program.....	4
Provider Rates.....	4
Claiming Guidelines.....	5
Pre-Determination Service Codes and Description.....	5
Mental Health Session.....	5
Additional Information	7
Fax Requests	7
Out-of-Country Expenses.....	7
Record Retention	7
Coordination of Benefits	7

Introduction

This Fee Supplement contains services the First Nations Health Authority (FNHA) provides as eligible benefits for their clients that Pacific Blue Cross (PBC) administers on their behalf.



Please note: This Fee Supplement will be updated when changes, additions or deletions are made to the contained list of products and services.

Keep all supporting documentation on file in the event of an audit.

All claiming procedures are outlined in the PBC Health Reference Guide. These benefits require Pre-Determinations as outlined in the PBC Health Reference Guide. Pacific Blue Cross will accept pre-determinations submitted electronically on PROVIDERnet. Providers who have not registered for PROVIDERnet should register for an account on www.provider.net.ca.

Allowable Providers

Mental health counselling is provided by psychologists, social workers, and clinical counsellors who are registered with their regulatory/licencing body as well as with FNHA Health Benefits and have received training in Indigenous cultural safety and humility. Please refer to <https://www.fnha.ca/benefits/mental-health-providers> for more information or contact Health Benefits at 1.855.550-5454.

The following acronyms are used throughout this Fee Supplement to outline which professionals are allowable providers. Please ensure that all services are provided by an allowable provider.

Acronym	Provider Type
PSY	Registered Psychologist
RCC	Registered Clinical Counsellor
CCC	Certified Clinical Counsellor
RSW	Registered Social Worker
RCSW	Registered Clinical Social Worker

Program

The Mental Wellness and Counselling Benefits (MW&C) is designed to provide culturally-safe counselling support to First Nations people on their wellness journeys. This includes access to mental health counselling services provided by psychologists, social workers and clinical counsellors. Clients who are eligible for the mental health benefit may be eligible for [Medical Transportation \(MT\) assistance](#). Please contact your patient travel clerk to support travel booking.

Effective immediately, First Nations Health Benefits and Services (FNHBS) will process all clients under one mental wellness counselling program. An updated Benefit Schedule is in effect, including the changes listed below. The updated Benefit Schedule can be found [here](#).

Provider Rates

Providers can bill the Health Benefits Program for counselling services up to the maximum rates outlined below, which are determined by the provider's membership in their respective professional body. FNHA clients should not be directly charged any fees.

- For counselling that takes place in a group format, Providers can bill 33.3% of the hourly rate listed below for each eligible Client in the group, up to a maximum of eight Clients.
- For individual or family sessions, the hourly rate can only be billed for one eligible Client even if there are other family members attending.

Fee Schedule for Counselling Services	
Provider Membership	Maximum Rate (Not including GST, if applicable)
College of Health and Care Professionals of British Columbia	\$150/hour
British Columbia College of Social Workers	
British Columbia Association of Clinical Counsellors	\$90/hour
Canadian Counselling and Psychotherapy Association	

Claiming Guidelines

Pre-Determinations

For all programs, a pre-determination must be approved prior to rendering services. Pre-determinations are approved by FNHA assessors.

Provider Electronic Pre-Determinations

Submit your Pre-Determination on www.providernet.ca.

Provider Pre-Determination by Paper

Submit a completed [PBC Mental Health Pre-Determination form for FNHA clients](#) making sure to fill out the form completely.

Provider Electronic Claims

For eligible electronic claims, submit your claim on www.providernet.ca. All records must be retained and are subject to review.

Provider Claims by Paper

Submit a completed [PBC Mental Health Claim form for FNHA clients](#) making sure to fill out the form completely. All records must be retained and are subject to review.

Pre-Determination Service Codes and Description

Once FNHA has reviewed the pre-determination request, the decision will be sent to you using the approved service code and description.

Service Code	Description	Program Maximum
88881	MW&C	22 hours/12 months

After you have received approval for the program, please use individual/family- In Person or Online or Group-In person or Group-Online options below when submitting your claim.

Please Note: Service code descriptions have changed based on program changes.

MW&C - Mental Wellness & Counselling Program



Subsequent Pre-Determination

If you are submitting a subsequent Pre-Determination (i.e., an exception request) for additional counselling hours after the initial 22 hours have been used within the same 12-month period, additional information will be required, found [here](#). All questions must be answered. Incomplete information may delay the processing of the Pre-Determination request."

Mental Health Session

Service Code	Description	Dollar Max/Frequency Guidelines	Provider(s)
80871	MW&C-Individual/Family- In Person	PSY - \$150 per hour RCC/CCC - \$90 per hour RSW/RCSW - \$150 per hour GST will be added, if applicable	PSY, RCC, CCC, RSW, RCSW
80881	MW&C Group-In Person	33.3% of hourly rate per eligible client. Max 8 per group GST will be added, if applicable	PSY, RCC, CCC, RSW, RCSW
89871	MW&C Individual/Family- Online	PSY - \$150 per hour RCC/CCC - \$90 per hour RSW/RCSW - \$150 per hour GST will be added, if applicable	PSY, RCC, CCC, RSW, RCSW
89881	MW&C Group-Online	33.3% of hourly rate per eligible client. Max 8 per group GST will be added, if applicable	PSY, RCC, CCC, RSW, RCSW

Additional Information

Fax Requests

Pacific Blue Cross will accept pre-determinations submitted by fax at 604.677.0200 for FNHA clients only. Incomplete forms will be rejected and must be resubmitted. Once approval has been provided for benefits, claims can also be submitted by fax at 604.677.0277.

Out-of-Country Expenses

Out-of-Country expenses are not eligible for reimbursement.

Record Retention

Company shall maintain complete and accurate records of, and supporting documentation for, the amounts claimed under this Agreement. The Company shall retain such records during the term of this Agreement and for a period of seven years after the Claim has been submitted to PBC.

Coordination of Benefits

Clients are required to access any public or private health or provincial/territorial programs for which they are eligible prior to accessing the FNHA Program.



Phone **604 419-2000**
Toll-free **1 877 PAC-BLUE**
Website **pac.bluecross.ca**

Mailing Address
PO Box 7000
Vancouver, BC V6B 4E1

Street Address
4250 Canada Way
Burnaby, BC

