

SUCCESS GOALS

To create successful goals we can achieve, you must know what specifically you want. What results, what outcome are you expecting and excited for?

IT IS NOW (INSERT DATE)

I HAVE, I AM, I DO (CIRCLE ONE)

(On the next line write what you will have, what you do, or what you are)

(On the following line, write what you will see, hear, and feel when you achieve this goal)

I SEE...

I HEAR...

I FEEL...

I ACHIEVED THIS BECAUSE I AM...

(list internal resources you have below)

After you have filled in all the blanks, write it out on your own, and check the back for an example if you had any questions!

EXAMPLE:

It is now January 17th 2026.

I have twenty new clients, and
six have joined my subscription.

I see my bank reports increase,
and I hear myself screaming
with excitement.

I feel proud and accomplished
knowing my business is growing.

I achieved this because I am
smart, resilient, independent,
and determined to help make
the world a happier place!