

Be who you want to be with RHWE...



We can help you do what you love and love what you do!

0191 2267979 info@rhwe.org www.rhwe.org



Whether you are looking for work, considering starting up your own business or would like to re-train and do something completely new, RHWE can help.



Jobs

Looking for Work?

Whether you are in work already or looking for the job or career you've always wanted, our personal coaches can help you with job search, preparing job applications, interview skills and how to stand out from the crowd.

Industry Taster Workshops

With so many sectors offering jobs and careers, these short workshops are a unique way of meeting a local employer with job vacancies. Benefit from hearing about the range of roles available, how to make a stand out application, ask questions about the company with the chance to meet staff and get top tips on how to apply. Plus a visit to the head office and see what the workplace is really like. Many of our Industry Partners are offering GUARANTEED INTERVIEWS or Training.



JOB SHOP

**Mondays and
Wednesdays
11am-1pm**



"I wanted to find work to make my son proud! Working as a carer makes me feel proud."

Kayleigh was supported by RHWE and secured a job with Calderdale HomeCare.

We're here to help you with job search, CVs, interview preparation and loads more.

Motivation



Let us help you find your motivation...

Go on a journey and discover who you really are, where you want to be and we will help you take the STEPS you need to get there.

Are there times when you just feel stuck?

Unsure of what your next move is or what you could do for a job and feeling a little bit like "what's the point?"

Many people feel like this every now and again and sometimes we just need someone to help us become 'unstuck' and show us how to see things differently. Our STEPS course and EXPLORE workshops are the beginning of a new journey to find the New You In 2022.

STEPS COURSE & EXPLORE WORKSHOPS



Financial Wellbeing



Do you struggle managing your money?

Looking to save for something special?

Is it difficult to plan from one week or month to the next?

Would you like to learn some valuable new skills to help manage your finances, then this course is for you and even better it's FREE!

This short course covers:

- Universal Credit,
- ways to manage debt,
- managing your credit cards,
- how to choose the best energy deals,
- how to manage your credit score,
- strategies for cutting and re-examining your priorities
- and loads more!



Volunteering



Make a difference and develop your skills

Volunteering can be rewarding in lots of ways and a brilliant way to develop skills, get experience and meet new people.

RHWE has lots of organisations we work with offering volunteering opportunities, so whether you are interested in the outdoors, working with animals, supporting youth projects, working with older people, whatever you'd like to do, we can help you find the right placement and get valuable experience.



Lisa took part in our Asdan volunteers programme. She got herself some new wellies and has never looked back since volunteering at the Ouseburn Farm.

"Volunteering helps me give back to a community that since moving back to Newcastle has helped me loads, through various different organisations - I am so grateful. I have also learned we aren't all in the same boat, but the same river. You never know what people are struggling with, throughout my journey I have met the most wonderful strong women whom I admire. Through volunteering I have learned some really good life lessons that I hope to pass on and inspire others, most of all I have fallen back in love with life and feel I have a second chance, and thank you all for being part of it."