

# Let us help you plan your route



**Self-Employment**



**Employability**



**Personal Development**



**Training**



**Life Skills**



**Volunteering**

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**NE** North East  
Combined  
Authority

**Newcastle**  
City Council

# Whether you are looking for work, considering starting up your own business or would like to re-train and do something completely new, RHWE can help.



## HOW 2

Explore starting your own business



Always dreamt of being your own boss?

**Having the flexibility to manage both work and family?**

Our workshops and tailored 1-1 support are ideal for anyone considering starting up their own business - especially before investing in time and money.

We cover topics such as:

Who and where are my target markets?

How do I make and manage money?

How do I manage self-employment whilst claiming Universal Credit?

It's a mix of practical tips and advice to help you feel more confident to explore your business idea.

"RHWE really helped me on my journey to start my business. Their useful, no jargon workshops combined with the one to one support was invaluable. Thankyou"

## L I F E S K I L L S



Practise your spoken English and increase your confidence in a fun, relaxed and non judgemental environment and it's FREE to join.

**Wednesdays 12.30-2.30pm**

"I really like and enjoy the classes. It is very useful. A very good environment which you learn easily. While you are learning English, you learn about life in the UK."

## Creative Crafts



Keen on recycling and sewing? Why not combine the two at our weekly Monday crafts session.

You can bring old clothes back to life and create new pieces all in a friendly, relaxed atmosphere.

**Mondays @RHWE 1pm-3pm**



## Make a difference and develop your skills

Volunteering can be rewarding in lots of ways and a great way to develop skills, get experience and meet new people.

RHWE works with many organisations offering volunteering opportunities, whether you are interested in the outdoors, animals, supporting youth projects, working with older people, or whatever you'd like to do, we can help you find the right placement and get valuable experience to improve your CV.



Lisa took part in our volunteers programme. She got herself some new wellies and has never looked back since volunteering at Ouseburn Farm.

"Volunteering helps me to give back to a community that has helped me loads, through various different organisations - I am so grateful. Through volunteering I have learned some really good life lessons that I hope to pass on and inspire others, most of all I have fallen back in love with life and feel I have a second chance, and thank you all for being part of it."

## Jobs

## Looking for Work?

Whether you're in work already or looking for that job or career you've always wanted, our coaches can help you with job search, preparing job applications, interview skills and how to stand out from the crowd.

## A day In the Life of...

These short workshops are a unique way of meeting a local employer with real job vacancies. You'll hear about the range of roles available, how to make a stand out application, ask questions about the company with the chance to meet staff and get top tips on how to apply. You'll also visit the workplace and see what it's really like.

Many of our Industry Partners are offering GUARANTEED INTERVIEWS or Training and you'll also get help to create that all important CV.



"I wanted to find work to make my son proud! Working as a carer makes me feel proud."

Kayleigh was supported by RHWE and secured a job with Calderdale HomeCare.



We're here to help you with job search, CVs, interview preparation and loads more.