

Lily's Magical Mind - Educator Information Sheet

Written by Lauren Peveril

Recommended Grade Levels: Primary-Grade 6 (Ages 4-12)

About the Book

Lily's Magical Mind is a children's story designed to help young readers better understand autism, neurodiversity, empathy, and inclusion in a positive and age-appropriate way.

Through Lily's experiences, students are encouraged to recognize that everyone thinks and experiences the world differently and that these differences should be respected.

Written from the perspective of an autistic author diagnosed later in life, the book aims to promote acceptance, kindness, confidence, and understanding among both autistic and non-autistic children.

Themes & Topics

- Autism awareness
 - Neurodiversity
 - Inclusion
 - Empathy
 - Friendship
 - Emotional intelligence
 - Self-acceptance
 - Kindness & respect
 - Social-emotional learning (SEL)
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Classroom Connections

This book may support discussions and activities related to:

- Inclusive education
- Diversity and belonging
- Social-emotional learning
- Mental wellness
- Elementary literacy

- Classroom community building
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Discussion Questions

- What makes Lily unique?
 - How can we support classmates who experience the world differently?
 - Why is kindness and understanding important?
 - What are some ways people communicate or learn differently?
 - What makes each person special?
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Suggested Classroom Activities

- Draw or write about what makes each student unique
 - Create a “kindness and inclusion” classroom poster
 - Discuss ways to support classmates and friends
 - Practice identifying emotions and empathy
 - Explore different learning styles and strengths
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About the Author

Lauren Peveril is an undergraduate student at Mount Allison University. After being diagnosed with autism spectrum disorder later in life, she became passionate about promoting understanding, acceptance, and positive representation of neurodiversity for children and families.

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<https://a.co/d/0725q2eY>