

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:00 PM	Youth Training	Youth Training	Youth Training	Youth Training	Middle School Training	9AM- High School Training
5:00 PM	Mixed Middle & Youth Training	Youth Training	Mixed Middle & Youth Training	Youth Training	Youth Training	10AM- Youth Training
6:00 PM	Middle/ High School Training	Middle School Training Beginners	Middle/ High School Training	Middle School Training Beginners	Middle/ High School Training	11AM- High School Training
7:00 PM	High School Training	Middle School Training	High School Training	Middle School Training	Open	Noon- Open
8:00 PM	Open	Open	Open	Open		



Color Key	
	Closed maxed group
	Open 2-3 spots available, call to set up a schedule
	Open Spots, call to set up a schedule