



Quick Health Guide

HELPING KEEP OUR LITTLE ONES HEALTHY AND OUR COMMUNITY THRIVING



1 MUST BE SYMPTOM FREE

We are a well-child care facility. All children must be symptom free to attend. If symptoms were present, children must wait **24 hours** symptom-free before returning to care.

If symptoms are believed to be non-contagious, a doctor's note may be required to help us understand the condition and monitor symptoms appropriately.

Please note: a doctor's note does not override or shorten our illness exclusion policies. All return-to-care timelines must still be met.



2 IF A FEVER WAS PRESENT

Children must remain home.

They may return when they are fever-free for **48 hours** WITHOUT the use of fever-reducing medication.

If a rash was present, it must be fully resolved or cleared by a physician.



3 IF DIARRHEA WAS PRESENT

Children must remain home.

They may return **48 hours** after the last loose stool.



4 IF VOMITING WAS PRESENT

Children must remain home.

They may return **24 hours** after the last episode of vomiting, **only if no other symptoms are present.**

If vomiting is accompanied by other symptoms (fever, diarrhea, lethargy, etc.), the stricter illness policy applies (48-hour exclusion or physician clearance as needed).



5 BACK-UP CARE

Please help us keep everyone healthy by keeping sick children at home. Plan ahead and have reliable back-up care available.



6 PLEASE NOTE

24 hours means a full 24 hours, not just the next day

48 hours means a full 48 hours, not just two calendar days



THANK YOU FOR PARTNERING WITH US

to keep our children happy, healthy, and thriving!

