



Rise and Shine Child Care Centers & Family Services Agency

Humboldt M-F
Mont. Vill T-F

DAILY ROUTINE

Please note:

Under 12 months care is typically on-demand.
Over 12 months care is typically on schedule.

M-F 8:30 a.m. – Center Opens	-Drop-off/Greetings (exchange of pertinent information) -Self-directed play -Teacher-directed activities -Routine care
M-F 9:00 a.m.	- First diaper check
M-F 9:30 a.m.-10:30a.m. Morning Routine	- Meal/snack/bottles -Outside time (weather permitting/rotating schedule if needed) -Self-directed play
M-F 10:30 a.m.-11:00a.m. Mid-morning	-Teacher-directed play -Routine care -Outside time (weather permitting/rotating schedule if needed)
M-F 11:00 a.m.	- Second diaper check
M-F 11:00 a.m. – 11:45 a.m. Late morning	-Outside time (weather permitting/rotating schedule if needed) -Transitions (preparing for nap) -Routine Care -Quiet play
M-F 11:45 a.m.	- Bottles
M 12:30	FACILITY CLOSSES
T-F 12:00 p.m. – 1:30/2:00p.m. Early afternoon	-Naps -Routine care -Quiet play - Third diaper check
T-F 1:30/2:00 p.m. – 3:00 p.m. Afternoon	- Meal/snack/bottles -Routine Care -Clean-up -Circle time (songs, stories, finger play)
T-F 3:00 – 3:45 p.m. Late afternoon	- Bottles -Self and teacher-directed play - Fourth diaper check -Outside time (weather permitting) -Talk with parents
T-F 4:30 p.m.	FACILITY CLOSSES