

Rise and Shine Child Care Centers & Family Services Agency

Humboldt M-F Mont. Vill. T-F	SAMPLE DAILY ROUTINE Routine Care: Feeding, diapering/potty, hand washing, etc All care provided throughout the day is available as needed. This schedule is for reference only.
M-F	-Drop-off/Greetings (exchange of pertinent information)
8:30a.m. –	-Self-directed play
Center Opens	-Teacher-directed activities
	-Routine care (bottles, diapers, etc)
M-F	-Meal/snack
9:30 a.m10:30a.m.	-Outside time (weather permitting/rotating schedule if needed)
Morning Routine	-Self-directed play
M-F	-Meal/snack
10:30 a.m11:00a.m.	-Teacher-directed play
Mid-morning	-Routine care (bottles, diapers, etc)
g	-Outside time (weather permitting/rotating schedule if needed)
M-F 11:00 a.m. – 12:00 p.m. Late morning	-Meal/snack/bottles -Outside time (weather permitting/rotating schedule if needed) -Transitions (preparing for nap) -Routine Care -Quiet play
Monday Only	12:30 p.m. HUMBOLDT Center Closes
T-F	-Naps
12:00 p.m. – 1:30/2:00p.m.	-Routine care
Early afternoon	-Quiet play
T-F	-Meal/snack
1:30/2:00 p.m. – 3:00 p.m.	-Routine Care
Afternoon	-Clean-up
	-Circle time (songs, stories, finger play)
T. F.	-Routine Care
T-F	-Self and teacher-directed play
3:00 – 4:30 p.m.	-Outside time (weather permitting)
Late afternoon	-Talk with parents
T-F	4:30 p.m Facility Closes