

Summer Break



Reminder to Families

Rise and Shine will be closed for Independence Day and Summer Break from Friday, July 4 through Friday, July 11, 2025.

We will reopen on Monday, July 14, 2025. Wishing your family a safe and joyful holiday week! ☀️

25/26 Calendar

We're excited to announce that our 2025-2026 program calendar is now available! You can view it online or download a PDF version at your convenience.

The calendar includes important dates such as holidays, closures, special events, and program milestones to help you plan ahead with ease.

👉 Access the [calendar here](#).

Reminders



Wet bag

To help us keep your child's items clean and organized, we kindly ask that each child's tote include a labeled wet bag every week.

This will be used to hold any soiled clothing and ensure everything stays separate and sanitary. Thank you for helping us maintain a clean and healthy environment for all our little ones!

Drop-off Notes

Please provide your Morning Drop-Off Note before signing in each day. These notes help us stay closely attuned and ensure we can offer responsive, individualized care from the moment your child arrives. Thank you for helping us give your little one the best start each day!

Tote Bags

As we care for your little one each day, we kindly ask families to take your child's tote bag home at the end of each week for cleaning and restocking.

Please return on Monday with:

- ✓ A freshly washed tote bag
- ✓ Clean changes of clothing
- ✓ Replenished with any other care items your baby may need.

Thank you for helping us provide the best and most comfortable care for your baby!

Stay Connected with Rise and Shine!

We love sharing special moments, important updates, and helpful parenting tips — and we'd love for you to be part of it!

🌟 Follow us on our social media platforms to stay in the loop, see your child's learning in action, and celebrate all the fun we're having together.

👍 [Facebook](#) | 📷 [Instagram](#) | Let's grow together — one post at a time!



Summer Moments that Matter: Parents as a Baby's First Teacher



At Rise and Shine, we recognize parents as a child's first and most important teacher. During the summer months, everyday moments at home can become powerful learning experiences—especially when guided by the heart of the PITC philosophy: responsive care, respect for individuality, and relationship-based learning.



Here are a few summer-inspired activities you can enjoy with your baby that support healthy development:

Explore Nature Together

Lay a blanket in the shade and let your baby feel the grass, watch the trees move, or listen to birds. Let them take their time—PITC encourages slowing down and observing what captures your child's interest.



Gentle Water Play

A small bowl of water and a soft cloth or measuring cup can offer rich sensory exploration. Watch how your baby responds—smiles, splashes, or stares—and talk to them about what they're doing: "You splashed the water! That feels cool!"

Create Rhythm and Music

Sing simple songs, clap hands, or shake a rattle. Your baby learns language and emotional cues through your voice and facial expressions. You don't need to be a performer—your voice is already their favorite sound.



Talk, Name, Repeat

During diaper changes, walks, or meals, talk about what's happening: "We're putting on your socks. One, two!" Repetition and warm, clear language build understanding and security.

Follow Their Lead

Whether your baby is kicking, cooing, or crawling, join them at their level. PITC reminds us that babies learn best when we respond to their interests and rhythms rather than setting the pace for them.

This summer, remember: meaningful learning doesn't require fancy toys or big trips. It happens in the quiet, everyday moments shared between you and your child—moments filled with love, connection, and discovery.

