

Date: June 15, 2026



Weekly Menu

CACFP  
Age 1-2 Years



MEAL	COMPONENT	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b> 	Fluid Milk 1/2 cup	WU Milk	WU Milk	WU Milk	WU Milk	WU Milk
	Vegetables/ Fruits 1/4 cup	Applesauce	Oranges	Mixed Berries	Peaches	Applesauce
	Grains/Meats 1/2 oz	Waffle	WG Toast	Cottage Cheese	WG Cheerios	WG Toast
<b>LUNCH</b> 	Fluid Milk 1/2 cup		WU Milk	WU Milk	WU Milk	WU Milk
	Vegetables 1/8 cup		Sw. Potato	Carrots	Peas	Green Beans
	Fruits* 1/8 cup	NOT SERVED	Corn	Broccoli	Blueberries	Apples
	Grains 1/2 oz		Tortilla	Pita	WG Toast	Bagel
	Meats/Meat Alternative 1 oz		Black Beans	Hummus	Cheese	Turkey
<b>SNACK</b> 	Fluid Milk 1/2 cup	WU Milk	WU Milk		WU Milk	
	Vegetables 1/2 cup					
	Fruits 1/2 cup					Oranges
	Grains 1/2 oz	WG Crackers	WG Cheerios	WG Cheerios	WG Kix	WG Crackers
	Meat/Meat Alternative 1/2 oz			Cheese		
	*Choose 2.					



CACFP is an indicator of quality child care.



Milk must be served with meals and snacks.



Choose and serve required amounts of fruits and/or vegetables at least once per day.



At least one serving of grains per day must be whole grain-rich.



Meat/Meat Alternates must be served in appropriate amounts.



At least one serving of grains per day must be whole grain-rich.

- Meal pattern components and their amounts are based on the requirements of the CACFP.
- The 5 components at lunch may be substituted by a tomato or other vegetable in lieu of fruit, or a second vegetable in lieu of fruit.
- Centers and homes are required to offer water to children throughout the day.
- Menus may be modified based on the preferences of infants.



This institution is an equal opportunity provider.