

# The Daily Babble

SEPTEMBER 2026

♥ Rise and Shine's Crib Notes ♥

## FROM OUR EXECUTIVE DIRECTOR



September brings change, growth, and new beginnings. We are so grateful for each of our families and the trust you place in us every day.

We love watching children discover, learn, and blossom in a caring community. We're excited for the season ahead and the wonderful opportunities it will bring for our children and families.

*Thank you for being part of our Rise and Shine family!* ♥

*Cary Ann Rich*  
Executive Director

## ★ EXCITING NEWS! ★



**Rise and Shine  
Preschool at  
Rohnert Park  
officially opened  
August 26, 2026.**

We are thrilled to welcome new families to our Rohnert Park community and celebrate this exciting milestone together!

This new chapter brings even more opportunities for children to learn, grow, and shine.

## ★ FROM OUR SEPTEMBER CURRICULUM ★



**Theme:**  
The Old Oak Tree —  
a story of love, change,  
and new beginnings.

### What we are learning:

- ♥ Change is a natural part of life.
- ♥ We can celebrate memories and look forward to new beginnings.
- ♥ Nature gives us so much to learn and enjoy.

🗨️ **Featured color:** Green

### 🗨️ Helpful classroom language:

- "Let's take turns."
- "You can do hard things."
- "It's okay to feel sad when things change."
- "We can try something new."



You may notice leaves, acorns, nature treasures, cozy reading areas, and story props in our classrooms!

## 📅 IMPORTANT DATES & CELEBRATIONS

9/1 Tuition is Due

### SEPTEMBER BIRTHDAYS / MV GRADUATES

♥ 09/30 Rosie  
MV Graduate



♥ 09/30 Zion  
MV Graduate



### STAFF BIRTHDAYS & UPDATES

- Miss Kinza (RP) — 09/01 — currently on temporary leave out of the country until January 2027.
- Miss Aubrey (RP) — 09/23.
- Miss Kaylee (RP) — 09/23.
- Miss Rachel — 09/25. We welcomed Rachel back after her extended leave in Japan. She is currently helping at Rohnert Park and will return to Humboldt Street in the near future.

## ★ CLASSROOM SPOTLIGHT ★

### ★ INFANT DEVELOPMENT



We support infants as they build trust, attachment, and sensory awareness through nurturing routines and responsive caregiving.

### ★ TODDLER DEVELOPMENT



Toddlers grow in language, independence, movement, and social-emotional awareness through turn-taking, routines, and joyful exploration.

### ★ PRESCHOOL DEVELOPMENT



Preschoolers build confidence, pre-literacy skills, problem-solving abilities, friendship skills, and participation in our classroom community.

## 💡 DID YOU KNOW?

### PITC Principle:

Responsive, individualized care and strong primary relationships help children feel secure, competent, and ready to learn.

## 🛡️ HEALTH & SAFETY CORNER

Warm days can continue into late summer! Please help us keep children safe, healthy, and comfortable.

- ♥ Send a labeled water bottle each day.
- ♥ Dress children in weather-appropriate clothing.
- ♥ Apply sunscreen before arrival when needed.
- ♥ Include extra changes of clothes for weather and water play.
- ♥ Help keep everyone healthy by keeping sick children home.

## 👤 PARENT RESOURCE CORNER

- ♥ Attend a family outing or park day.
- ♥ Make time for device-free meals and conversation.
- ♥ Greet teachers and other families with a smile.
- ♥ Encourage kindness, listening, and turn-taking at home.
- ♥ Join family events and activities to build community connections.

## 👕 LOOKING AHEAD

### Baby Clothing Swap



- 🍂 **Donation Drop-Off:**  
Saturday, 09/12/2026
- 🛍️ **Shopping:**  
Sunday, 09/13/2026
- 🕒 **10:00 AM–12:00 PM**



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