

Date: July 13, 2026



Weekly Menu

CACFP
Age 1-2 Years



MEAL	COMPONENT	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST 	Fluid Milk 1/2 cup	WU Milk	WU Milk	WU Milk	WU Milk	WU Milk
	Vegetables/ Fruits 1/4 cup	Bananas	Nectarine	Peaches	Cantaloupe	Mango
	Grains/Meats 1/2 oz	WG Crackers	WG Toast	Corn Tortilla	Oatmeal	Tortilla
LUNCH 	Fluid Milk 1/2 cup		WU Milk	WU Milk	WU Milk	WU Milk
	Vegetables 1/8 cup		Peas	Carrots	Tomatoes	Squash
	Fruits* 1/8 cup	NOT SERVED	Corn	Apple Chunks	Peaches	Mixed Berries
	Grains 1/2 oz		Rice	WG Bread	Pita	WG Bread
	Meats/Meat Alternative 1 oz		Chicken	Tuna	Lentils	Turkey
SNACK 	Fluid Milk 1/2 cup	WU Milk	WU Milk	WU Milk	WU Milk	WU Milk
	Vegetables 1/2 cup					
	Fruits 1/2 cup	Banana				
	Grains 1/2 oz		WG Kix	WG Crackers	WG Cheerios	WG Toast
	Meat/Meat Alternative 1/2 oz					
	*Choose 2.					



CACFP is an indicator
of quality child care.



Milk must be
served with
meals and snacks.



Choose and
serve required
amounts of fruits
and/or vegetables
at least once
per day.



At least one
serving of grains
per day must be
whole grain-rich.



Meat/Meat
Alternates
must be
served in
appropriate
amounts.



At least one
serving of grains
per day must be
whole grain-rich.

¹ Meal pattern components and their amounts are based on the requirements of the CACFP.

² The 5 components at lunch may be substituted by a tomato or other vegetable in lieu of fruit, or a second vegetable in lieu of fruit.

³ Centers and homes are required to offer water to children throughout the day.

⁴ Menus may be modified based on the preferences of infants.



This institution is an equal
opportunity provider.