



Toilet Training Policy

I. When to Toilet Train

We believe that each child has his/her own timetable of development. Please refrain from comparing your child to another. A child indicates readiness for toilet training when he/she has ability to:

- follow simple instructions.
- understand words about the toileting process.
- control muscles responsible for elimination
- express a need to 'go' verbally.
- keep a diaper dry for 2 hours or more.
- get to the potty, sit on it, and then get off the potty.
- pull down diaper, disposable training pant, or underpants.
- a desire to use the toilet.

II. Parent and Provider:

Parents begin training at home first. Until a child meets the underpants criteria, he/she will continue to wear a diaper (not pull-ups) to school. See section III.

- Provider will offer the toilet throughout the day upon child's request.
- Provider will assist when an accident occur and always in a positive context.
- Provider will ensure that hands are washed.
- Parents will provide a supply of pull-ups or underwear (if in that phase) and at least two changes of clothing. Clothing should be easy for the child to remove by him/herself, thus promoting independence. We ask that they not wear overalls, onesies, tights, belts, etc..., during this process. Elastic waist pants are the easiest while potty training.
- Clothes soiled will be bagged for parents to take home.
- Parent and Provider will communicate about the toilet process.

III. A Child is Ready to Wear Underpants at Day Care When:

- After seven consecutively dry (urine and bowel) days (at home and/or daycare), the child may move into the pull-up or underpants phase

at day care. In group care, such as ours, we must be careful not to spread bacteria that can come from feces escaping from underpants.

- Urinating is mastered but not bowel movements, then child will need to wear a pull-up, and not underpants, until he/she has bowel movements successfully at home for a week.
- comfortable using toilets.
- can verbally express a need to go to the bathroom.
- able to wipe with occasional assistance for bowel movements.
- can flush the toilet.
- can wash hands.
- a boy who is standing can raise and lower seat.

I/We have read, understand, and agree to the toilet/potty-training policy for Rise and Shine Child Care Centers & Family Services Agency.

Parent signature:

Date:

Parent signature:

Date: