

Date: June 22, 2026



Weekly Menu

CACFP  
Age 1-2 Years



| MEAL                 | COMPONENT                          | MONDAY      | TUESDAY  | WEDNESDAY    | THURSDAY     | FRIDAY      |
|----------------------|------------------------------------|-------------|----------|--------------|--------------|-------------|
| <b>BREAKFAST</b><br> | Fluid Milk<br>1/2 cup              | WU Milk     | WU Milk  | WU Milk      | WU Milk      | WU Milk     |
|                      | Vegetables/<br>Fruits<br>1/4 cup   | Banana      | Avocado  | Strawberries | Apple Slices | Banana      |
|                      | Grains/Meats<br>1/2 oz             | Oatmeal     | WG Toast | Pancake      | French Toast | WG Cheerios |
| <b>LUNCH</b><br>     | Fluid Milk<br>1/2 cup              |             | WU Milk  | WU Milk      | WU Milk      | WU Milk     |
|                      | Vegetables<br>1/8 cup              |             | Squash   | Carrots      | Peas         | Green Beans |
|                      | Fruits*<br>1/8 cup                 | NOT SERVED  | Peaches  | Mango        | Pears        | Peaches     |
|                      | Grains<br>1/2 oz                   |             | Rice     | Tortilla     | WG Bread     | Pasta       |
|                      | Meats/Meat<br>Alternative<br>1 oz  |             | Chicken  | Lentils      | Turkey       | Tuna        |
| <b>SNACK</b><br>     | Fluid Milk<br>1/2 cup              | WU Milk     | WU Milk  | WU Milk      | WU Milk      | WG Crackers |
|                      | Vegetables<br>1/2 cup              |             |          |              |              |             |
|                      | Fruits<br>1/2 cup                  |             | Peaches  | Mango        | Banana       | Pears       |
|                      | Grains<br>1/2 oz                   | WG Crackers |          |              |              |             |
|                      | Meat/Meat<br>Alternative<br>1/2 oz |             |          |              |              |             |
|                      | *Choose 2.                         |             |          |              |              |             |



CACFP is an indicator of quality child care.



Milk must be served with meals and snacks.



Choose and serve required amounts of fruits and/or vegetables at least once per day.



At least one serving of grains per day must be whole grain-rich.



Meat/Meat Alternates must be served in appropriate amounts.



At least one serving of grains per day must be whole grain-rich.

- Meal pattern components and their amounts are based on the requirements of the CACFP.
- The 5 components at lunch may be substituted by a tomato or other vegetable in lieu of fruit, or a second vegetable in lieu of fruit.
- Centers and homes are required to offer water to children throughout the day.
- Menu may be modified based on the preferences of infants.



This institution is an equal opportunity provider.