



The Daily Babble

~ Rise and Shine's Crib Notes ~

August
2026

From Our Executive Director

Dear Rise and Shine Families,

August is bringing exciting energy to our community. We are so grateful for the wonderful upgrades taking place at our Montgomery Village and Rohnert Park locations, and we are especially excited to welcome families back as our Rohnert Park facility reopens in August. These refreshed spaces reflect our continued commitment to providing warm, safe, and inspiring environments for children, families, and staff.

We are also looking ahead to exciting opportunities on the horizon. While we are not quite ready to share all the details, we can say that wonderful things are in the works for Rise and Shine, and we look forward to sharing more soon.

Thank you for growing with us and for being part of our community.

With gratitude,

Cary Ann Rich

Executive Director



August Curriculum Highlights



- We are learning to talk and share our ideas.
- We are learning to listen to our friends and teachers.
- We are practicing taking turns when we talk.
- We are asking questions and using kind words.
- In the classroom, you may see books and puppets, listening games, songs and music, art, and pretend play.



Important Dates & Birthdays



- August 1 – Tuition Due

Birthdays:

- August 3 – Mr. Ian (MV)
- August 8 – Amario (H)
- August 24 – Miss Lorielle (HR)



Classroom Spotlight: Infant Development



Our infants are building trust, communication, and motor skills through responsive caregiving, tummy time, sensory play, music, and one-on-one interactions. Everyday routines help support secure relationships and healthy development.

Classroom Spotlight: Toddler Development



Our toddlers are growing in language, social-emotional development, and independence. Through stories, turn-taking activities, movement, art, and guided conversations, they are learning how to express themselves, build friendships, and participate in daily routines.

Did You Know?



A core PITC principle is responsive, individualized care. By following each child's cues and rhythms, caregivers help build trust, security, and strong early relationships—the foundation for healthy development.



Health & Safety Corner

- Send a labeled water bottle each day.
- Dress children in weather-appropriate clothing.
- Apply sunscreen before arrival when needed.
- Include extra clothes for warm days and water play.
- Help us keep everyone healthy by keeping sick children home.



Parent Resource Corner



- Attend a local story time, park day, or family event.
- Make space for device-free meals and conversations.
- Use simple routines like reading, singing, and greeting teachers and friends.
- Encourage children to practice kindness, listening, and taking turns.



Looking Ahead
to September



Baby Clothing Swap – 10:00–12:00.
Drop-off: 09/12/2026. Event: 09/13/2026.



Grand Re-Opening of our
Rohnert Park facility coming in September!





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~♥~ Healthy Snack Ideas ~♥~



1. Berry Yogurt Parfaits

Ingredients:

- Vanilla yogurt
- Strawberries
- Blueberries
- Bananas
- Granola (optional)



Steps:

1. Layer yogurt and fruit in a cup.
2. Top with granola if desired.
3. Serve chilled.



2. Rainbow Veggie Cups

Ingredients:

- Cucumber slices
- Carrot sticks
- Bell pepper strips
- Cherry tomatoes
- Hummus



Steps:

1. Place hummus in the bottom of a cup.
2. Arrange veggies upright.
3. Serve cold.

~ Craft Corner ~

♥ Kind Words Puppy Puppet ♥



1. Use a brown paper bag or paper plate.
2. Add ears, eyes, and a nose.
3. Decorate with a heart or speech bubble that says "Kind Words."
4. Use the puppet to practice taking turns, listening, and using kind words.

♥ This craft connects to our August theme of talking, listening, and taking turns in our classroom!



~ Coming Soon: A New Parent Portal ~

We're excited to share that Rise and Shine is launching a custom platform just for our families and staff!

This new portal is designed to be more streamlined and easier to navigate—so everything you need is right at your fingertips.

You'll be able to:

- ✓ Complete morning drop-off notes before signing in each morning.
- ✓ Send and receive messages organized by subject matter.
- ✓ Access menus and other important resources with ease.

More details coming soon—thank you for being part of our Rise and Shine family! ♥



~ At-Home Connection ~

Keep building language all month long by chatting during snack time, singing favorite songs, and taking turns talking about your day. These little moments help your child grow as a confident communicator!





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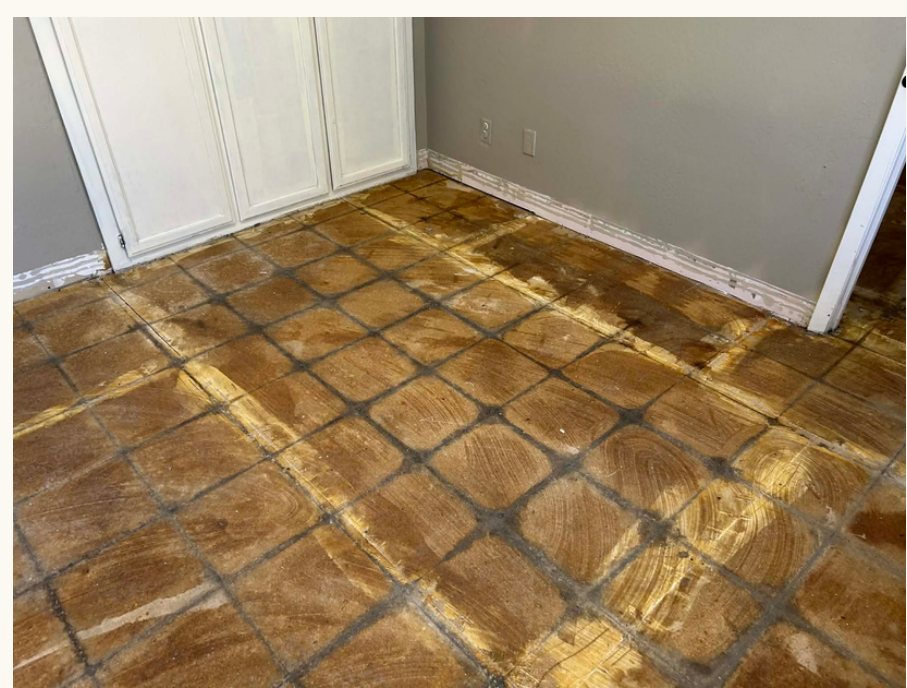


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Our Rohnert Park Transformation

Rohnert Park Preschool • August 2026

We are excited to share the beautiful transformation of our **Rohnert Park** campus. Every space has been thoughtfully prepared to create a warm, welcoming environment where children and families feel comfortable from the moment they arrive.



Dedicated dramatic-play and learning areas encourage children to communicate, cooperate, create, and explore through meaningful play. We are thrilled to welcome our preschool families into these newly transformed spaces and begin this exciting new chapter together.





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Designed for Learning & Imagination

Rohnert Park Preschool • August 2026

Our infant and toddler playroom has been completely transformed into an engaging space designed for movement, discovery, and meaningful play. Natural furnishings, age-appropriate materials, and thoughtfully arranged learning areas encourage curiosity, independence, and joyful exploration.



Our new reading room provides a cozy retreat where children can slow down, explore books, listen to stories, and develop a lifelong love of reading. Soft furnishings and an inviting storybook setting create the perfect environment for language, imagination, and quiet discovery.

