

Date: June 8, 2026



Weekly Menu

CACFP
Age 1-2 Years



| MEAL | COMPONENT | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------|------------------------------------|-------------|------------------|----------------|---------------|----------------|
| BREAKFAST | Fluid Milk 1/2 cup | WU Milk | WU Milk | WU Milk | WU Milk | WU Milk |
| | Vegetables/ Fruits 1/4 cup | Blueberries | Applesauce | Peaches | Mixed Berries | Pears |
| | Grains/Meats 1/2 oz | Yogurt | Cottage Cheese | WG Cheerios | WG Kix | Cottage Cheese |
| LUNCH | Fluid Milk 1/2 cup | | WU Milk | WU Milk | WU Milk | WU Milk |
| | Vegetables 1/8 cup | | Mixed Vegetables | Green Beans | Corn | Carrots |
| | Fruits* 1/8 cup | NOT SERVED | Peaches | Corn | Broccoli | Mixed Berries |
| | Grains 1/2 oz | | WG Crackers | WG Bread | Bagel | Tortilla |
| | Meats/Meat Alternative 1 oz | | Cheese | Turkey | Cheese | Refried Beans |
| SNACK | Fluid Milk 1/2 cup | WU Milk | WU Milk | | WU Milk | |
| | Vegetables 1/2 cup | | | | | |
| | Fruits 1/2 cup | | | Applesauce | | |
| | Grains 1/2 oz | Waffle | WG Crackers | | WG Cheerios | WG Crackers |
| | Meat/Meat Alternative 1/2 oz | | | Cottage Cheese | | Cheese |
| | *Choose 2. | | | | | |



CACFP is an indicator of quality child care.



Milk must be served with meals and snacks.



Choose and serve required amounts of fruits and/or vegetables at least once per day.



At least one serving of grains per day must be whole grain-rich.



Meat/Meat Alternates must be served in appropriate amounts.



At least one serving of grains per day must be whole grain-rich.

- Meal pattern components and their amounts are based on the requirements of the CACFP.
- The 5 components at lunch may be substituted by a tomato or other vegetable in lieu of fruit, or a second vegetable in lieu of fruit.
- Centers and homes are required to offer water to children throughout the day.
- Menus may be modified based on the preferences of infants.



This institution is an equal opportunity provider.