

RISE AND SHINE CHILD CARE CENTERS & FAMILY SERVICES AGENCY
REFERRALS FOR CRISIS OR EMERGENCY ASSISTANCE SERVICES

Name:

- 24 Hour lines/Crisis intervention** (855) 587-6373
Suicidal thoughts Sonoma County Hotline
<https://suicidepreventionlifeline.org/>
- Suicidal thoughts Sonoma County Hotline** (855) 587-6373
The Lifeline provides 24/7, free and confidential support for people in distress, prevention, and crisis resources.
<https://suicidepreventionlifeline.org>
- Mental Health Crisis Services** (707) 576-8181
Our Crisis Stabilization Unit provides 24 hour- a- day, 7 day-a-week crisis intervention, assessment, medication, and up to 23 hours of supportive care for individuals in an acute mental health crisis.
<https://sonomacounty.ca.gov/health-and-human-services/health-services/divisions/behavioral-health/services/crisis-services>
- Veteran's Crisis Line** (800)273-8255 Press 1
If you're a veteran in crisis or concerned about one, the Veterans crisis Line is a free, confidential resource that connects you to a real person specially trained to support Veterans.
<https://www.veteranscrisisline.net/>
- Verity** (707) 545-7273
Anyone can always call our Crisis Line at any time, day or night. We always have at least two people able to take your calls. No problem is too big or too small to speak with an advocate about over the phone, and you can remain anonymous if you need to.
<https://www.ourverity.org/>
- Men Evolving nonviolently** (707) 528-2636
A support resource to help men change unproductive behavior that can lead to deep personal dissatisfaction and disrupted relationships.
<https://sonomacountymen.org/>
- Alcoholics Anonymous** (707) 544-1300
We make new friendships with sober members, learn from them, and enjoy a new dimension of fellowship.
<https://www.sonomacountyaa.org/>

- Catholic Worker** **(707) 575-8342**
 Emergency food, clothing, household goods.
www.catholicworker.org
- Committee on the Shelter less (COTS)** **(707) 765-6530**
 Emergency shelter and support services.
www.cots-homeless.org
- Drug Abuse Alternatives Center (DAAC)** **(707) 544-3295**
 Treatment for substance abusing pregnant and/or parenting women.
www.daacinfo.org
- FISH (Friends in Sonoma Helping)** **(707) 996-0111**
 Emergency food programs.
www.friendsinsonomahelping.org
- North County Community Services** **(707) 433-6161**
 Emergency shelter, information and referral. - Healdsburg, Cloverdale
<https://www.reachforhome.org/>
- Redwood Gospel Mission** **(707) 542-4817**
 Shelter, food and clothing for families.
www.srmission.org
- Social Advocates for Youth (SAY) – Crisis Services** **(707) 544-3299**
 24 hr. hotline providing counseling for parents and youth in crisis,
 youth shelter –Healdsburg (707) 431-7658; Sonoma (707) 996-7991
www.saysc.org
- United Against Sexual Assault of Sonoma County** **24 hr. hotline (707) 545-7270**
 Counseling, support, referral; child & teen assault prevention
- YWCA of Sonoma County** **(707) 546-9922**
 Domestic Violence and Sexual Assault Services 24 hr. hotline (707) 546-1234
 Provides residential and non-residential services for those experiencing domestic violence or
 sexual assault.
<https://www.ywcasc.org/>
- The Living Room** **(707) 579-0138**
 A daytime drop in center for Women and Children without homes.
<https://thelivingroomsc.org/>

Please let us know of any other resources you are aware of. Also keep us informed if any services are no longer available or information is incorrect.

Thank you!

revised 08/23